

South West Qualifiers 2019 – 23 and 24 February 2019

SATURDAY 23<sup>rd</sup>

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Katie Herbert	28	F_O_R_ABPU	67.1	67.5	1.025		10	70	80	90	90	3	40	50	52.5	52.5	142.5	80	90	100	100	242.5
A	Hanna Trew	26	F_O_R_ABPU	60	60	1.1149		11	65	72.5	-77.5	72.5	3	37.5	40	42.5	42.5	115	90	95	100	100	215
A	Shannon Clarke	21	F_J_R_ABPU	66.7	67.5	1.0294		12	72.5	77.5	-82.5	77.5	2	45	47.5	50	50	127.5	92.5	97.5	102.5	102.5	230
A	Laura Mckie	26	F_O_R_ABPU	56.6	60	1.1668		10	77.5	85	92.5	92.5	2	40	47.5	-50	47.5	140	100	107.5	112.5	112.5	252.5
A	Samantha Taylor	23	F_J_C_ABPU	58.7	60	1.134		11	90	100	-110	100	3	37.5	40	-45	40	140	100	110	112.5	112.5	252.5
A	Lucinda Bampton	41	F_M1_R_ABPU	54.9	56	1.195		8	57.5	60	62.5	62.5	2	50	-52.5	52.5	52.5	115	105	110	115	115	230
A	Aimee Paterson	25	F_O_C_ABPU	58.8	60	1.1325		9	72.5	77.5	-82.5	77.5	2	40	42.5	45	45	122.5	105	-115	115	115	237.5
A	Louise Gilkinson	28	F_O_C_ABPU	65.4	67.5	1.0444		10	95	102.5	110	110	3	50	55	60	60	170	107.5	120	-132.5	120	290
A	Rikki Kerr	39	F_O_C_ABPU	57.4	60	1.1541		8	70	75	-80	75	2	35	-40	-40	35	110	110	115	120	120	230
A	Alice Swain	21	F_J_C_ABPU	59.1	60	1.1281		8	85	92.5	-100	92.5	2	47.5	52.5	55	55	147.5	110	120	127.5	127.5	275
A	Kai Ma	27	F_O_C_BPU	57.05	60	1.1588		10	90	-100	100	100	1	55	-57.5	57.5	57.5	157.5	115	122.5	-127.5	122.5	280
A	Anna Eggleton	34	F_O_C_ABPU	51.5	52	1.256		7	105	115	120	120	1	55	60	65	65	185	120	130	140	140	325
A	Lamorna Bardwell	23	F_J_C_ABPU	51.25	52	1.2597		8	85	92.5	-105	92.5	2	50	57.5	-62.5	57.5	150	120	135	-150	135	285
A	Michell Trench	33	F_O_C_ABPU	54.25	56	1.2054		7	80	90	-100	90	2	45	50	-55	50	140	122.5	135	-140	135	275
A	Claire Spencer	35	F_O_C_ABPU	66.85	67.5	1.0272		12	70	85	90	90	4	50	57.5	60	60	150	125	-150	-150	125	275
A	Natasha Brown	25	F_O_R_ABPU	66.05	67.5	1.0362		7	110	115	125	125	3	60	65	-67.5	65	190	135	145	147.5	147.5	337.5
A	Nicola Burroughs	35	F_O_C_ABPU	67.5	67.5	1.0206		8	140	-150	-160	140	3	70	75	80	80	220	160	-182.5	-182.5	160	380
A	Sharon Eggleton	39	F_O_R_BPU	66.25	67.5	1.0339		8	140	155	165	165	3	100	110	120	120	285	190	210	220	220	505

Flt B	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Debbie Harding	47	F_M2_C_ABPU	89.8	90	0.8649		9	85	95	100	100	2	45	50	-55	50	150	90	100	110	110	260
B	Liv wright	43	F_M1_C_ABPU	70.9	75	0.9862		10	90	100	-105	100	2	40	-50	-55	40	140	100	115	130	130	270
B	Becca Lundberg	35	F_O_C_ABPU	73.65	75	0.9613		9	-75	85	-90	85	2	45	-50	50	50	135	105	110	115	115	250
B	Meryll Patterson BO DO	58	F_M4_R_ABPU	74.85	75	0.9514						0	2fp	50	52.5	55	55	0	105	115	-120	115	0
B	Christine Clark	51	F_M3_R_ABPU	73.9	75	0.9596		11	70	80	85	85	4	40	47.5	50	50	135	105	115	130	130	265
B	Johana Riquier	39	F_O_C_ABPU	94.95	SHW	0.8464		9	-90	90	105	105	2	45	50	52.5	52.5	157.5	110	120	130	130	287.5
B	Katie Edwards	45	F_M2_C_ABPU	73.85	75	0.9596		12	-65	70	80	80	2	45		-52.5	45	125	110	130	140	140	265
B	Sarah Brown	45	F_M2_R_ABPU	87.75	90	0.8733		11	-60	60	70	70	3	40	-45	-45	40	110	115	122.5	130	130	240
B	Kelly Mathews	37	F_O_R_ABPU	75	75	0.9506		12	80	90	-100	90	3	50	55	60	60	150	120	127.5	130	130	280
B	Vikki Hight	30	F_O_R_ABPU	131.6	SHW	0.7866		9	-102.5	102.5	110	110	2	77.5	82.5	-90	82.5	192.5	127.5	140	147.5	147.5	340
B	Lucinda Perrett	27	F_O_R_ABPU	129.3	SHW	0.7891		10	120	130	140	140	3	65	70	75	75	215	130	150	160	160	375
B	T J Hill	34	F_O_C_ABPU	72.25	75	0.9734		10	132.5	140	142.5	142.5	2	62.5	67.5	-70	67.5	210	147.5	155	-160	155	365
B	Catherine Croydon	27	F_O_C_BPU	81.3	82.5	0.907		8	140			140	1	127.5	-135	-135	127.5	267.5	180	-200	-200	180	447.5
B	Gemma Marks	35	F_O_C_BPU	88.15	90	0.8716		9	165	175	182.5	182.5	2	97.5	102.5	107.5	107.5	290	182.5	190	195	195	485
B	Sarah Knight	34	F_O_R_ABPU	112.3	SHW	0.8096						0	3fp	67.5	72.5	75	75	0				0	0

Flt C	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Tom Hawkins O+DB	22	M_J_R_ABPU	74.75	75	0.7139		8	80	90	100	100	2	75	77.5	-80	77.5	177.5	90	95	-102.5	95	272.5
C	Romualdas Bakutis	16	M_T2_C_ABPU	79.9	82.5	0.6832		12	155	165	172.5	172.5	4	95	100	105	105	277.5	135	145	155	155	432.5
C	Benedict Paulukiewicz	22	M_J_R_ABPU	105.3	110	0.597		10	140	150	160	160	3	90	97.5	102.5	102.5	262.5	155	165	172.5	172.5	435
C	Charanjit Sund	34	M_O_R_ABPU	80.1	82.5	0.6822		10	135	140	145	145	3	87.5	92.5	97.5	97.5	242.5	152.5	165	175	175	417.5
C	Billy Harvey	20	M_J_R_ABPU	70.7	75	0.7437		11	-440	110	120	120	3	60	65	-70	65	185	155	165	175	175	360
C	Mike Newby	14	M_T1_R_ABPU	79.35	82.5	0.686		15	120	130	-135	130	5	60	67.5	75	75	205	155	165	175	175	380
C	Scott Thomas	28	M_O_C_ABPU	65.45	67.5	0.7901		12	110	115	-120	115	3	90	95	-97.5	95	210	170	180	185	185	395
C	George Purchase	16	M_T2_C_ABPU	97.75	100	0.6142		13	160	180	190	190	3	85	95	100	100	290	170	185	200	200	490
C	Zack Johnson	17	M_T2_R_ABPU	87.35	90	0.6483		14	120	130	140	140	4	107.5	115	120	120	260	170	180	200	200	460
C	Ryan King	18	M_T3_R_ABPU	70.9	75	0.7422		11	155	165	170	170	3	110	117.5	122.5	122.5	292.5	192.5	200	210	210	502.5
C	Roman Barbieri	19	M_T3_R_ABPU	73.9	75	0.72		11	165	175	-182.5	175	4	92.5	97.5	102.5	102.5	277.5	195	205	-212.5	205	482.5
C	Joe Bastin	21	M_J_R_ABPU	81.15	82.5	0.6764		12	170	180	190	190	4	110	117.5	125	125	315	195	205	-215	205	520
C	Stephen Reece	23	M_J_R_ABPU	105.8	110	0.596		14	170	185	-190	185	4	97.5	105		105	290	205	217.5	-220	217.5	507.5
C	Darius Stagner	18	M_T3_C_ABPU	95.6	100	0.6203		14	180	190	200	200	4	107.5	112.5	117.5	117.5	317.5	210	220	230	230	547.5
C	William Jones	21	M_J_R_BPU	108.9	110	0.5903		16l	230	240	-250	240	5	162.5	-172.5	-172.5	162.5	402.5	255	-280	-280	255	657.5
C	Freddie Isherwood	19	M_T3_C_ABPU	88.85	90	0.6424		13	235	242.5	-250	242.5	4	110	120	125	125	367.5	270	-285	-300	270	637.5
C	Christopher Park	21	M_J_C_BPU	105.2	110	0.5972		16	210	227.5	240	240	4	125	132.5	-140	132.5	372.5	270	290	-300	290	662.5

SUNDAY 24 February

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Geoff Patterson	54	M_M3_R_ABPU	80.2	82.5	0.6816		12	110	115	<del>-120</del>		115	3	70	75	80	80	195	130	140	150	150	345
A	Peter Oram	64	M_O_C_BPU	88.85	90	0.6424		13	80	90	100		100	3	50	60	<del>-70</del>	60	160	140	155	170	170	330
A	Levi Drake	42	M_M1_R_ABPU	81.25	82.5	0.6759		11	90	<del>-100</del>	<del>-100</del>		90	3	<del>-80</del>	80	<del>-85</del>	80	170	140	160		160	330
A	Nathaniel Minskip-Aggett	25	M_O_R_ABPU	88.9	90	0.6424		12	<del>-105</del>	105	115		115	4	100	105	<del>-110</del>	105	220	165	175	185	185	405
A	Scott Webber	32	M_O_C_ABPU	88.1	90	0.6455		12	175	185	187.5		187.5	4	142.5	150	<del>-152.5</del>	150	337.5	200	207.5	<del>-210</del>	207.5	545
A	Wayne Cobb	28	M_O_C_ABPU	89.25	90	0.641		13	152.5	165	175		175	4	95	100	105	105	280	200	217.5	227.5	227.5	507.5
A	Chay Boare	33	M_O_C_ABPU	85.6	90	0.6557		100	232.5	245	<del>-265</del>		245	3	125	130	<del>-135</del>	130	375	205	210	220	220	595
A	Matt Tatman	32	M_O_C_ABPU	87.25	90	0.6487		14	175	185	190		190	3	110	117.5	122.5	122.5	312.5	210	220	<del>-227.5</del>	220	532.5
A	Mike Radford	25	M_O_R_ABPU	90	90	0.6384		11	155	170	180		180	4	105	115	122.5	122.5	302.5	210	<del>-230</del>		210	512.5
A	Leo Draper	25	M_O_C_ABPU	80.05	82.5	0.6822		10	215	<del>-235</del>	240		240	3	115	120	<del>-130</del>	120	360	230	250	<del>-265</del>	250	610
A	Steven Short	47	M_M2_C_ABPU	85.85	90	0.6545		9IN	230	250	260		260	3	142.5	152.5	<del>-157.5</del>	152.5	412.5	230	262.5	<del>-275</del>	262.5	675
A	Chris Pugh	25	M_O_C_BPU	81.4	82.5	0.6754		9IN	290	307.5	317.5		317.5	3	175	185	195	195	512.5	272.5	290	<del>-302.5</del>	290	802.5
A	Dominic KD Malone	44	M_M1_R_BPU	88.45	90	0.644							0	3	<del>-155</del>	155	<del>-162.5</del>	155	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Michael Daltrey	29	M_O_R_ABPU	96.15	100	0.6186		13	155	165	180		180	3	85	92.5	-100	92.5	272.5	190	205	210	210	482.5
B	Tim Lewis	26	M_O_R_ABPU	95.25	100	0.6211		12	155	165	180		180	3	105	115	-130	115	295	190	205	215	215	510
B	Peter Marsden	43	M_M1_C_ABPU	98.8	100	0.6116		12	185	195	-200		195	4	115	125	-130	125	320	190	200		200	520
B	Christopher Robinson	28	M_O_C_ABPU	91.95	100	0.6315		12	190	205	-215		205	3	115	125	130	130	335	195	215	-230	215	550
B	Anthony Bryan	34	M_O_C_ABPU	97	100	0.6163		12	195	205	-212.5		205	3	130	135	140	140	345	220	240	-250	240	585
B	Phil Carleton	34	M_O_C_BPU	91	100	0.6349		13	250	0			250	3	140			140	390	225	280		280	670
B	Russell Orme	30	M_O_R_ABPU	94.65	100	0.6229		13	200	210	220		220	4	145	150	-155	150	370	230	240	245	245	615
B	Tom Wride	32	M_O_C_BPU	96.4	100	0.618		12	235	-250	-255		235	3	165	175	180	180	415	230	255		255	670
B	Jamie Spedding	27	M_O_R_ABPU	99.1	100	0.6108		14	-205	205	220		220	4	130	-140	142.5	142.5	362.5	240	260	-272.5	260	622.5

Flt C	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Kieran Cooper	24	M_O_C_ABPU	127.8	140	0.5674		12in	-210	210	220		220	4	155	165	175	175	395	190	200	210	210	605
C	Ryan Cushion	33	M_O_R_ABPU	109.4	110	0.5895		11	170	-485	185		185	3	105	115	122.5	122.5	307.5	200	217.5	225	225	532.5
C	Joe Gower	30	M_O_C_ABPU	105.2	110	0.5972		13	-475	175	-485		175	4	95	102.5	107.5	107.5	282.5	210	220	230	230	512.5
C	Dan Kohut	35	M_O_C_BPU	123.3	125	0.5715		12	255	265	275		275	4	150	155	-465	155	430	235	245	-255	245	675
C	Matthew Aldrich	27	M_O_C_BPU	108.3	110	0.5914		15o	190	210	222.5		222.5	5	150	157.5	-462.5	157.5	380	240	260	272.5	272.5	652.5
C	Chris Brown	35	M_O_C_ABPU	108.2	110	0.5916		11in	230	245	-260		245	4	150	157.5	-465	157.5	402.5	250	265	-272.5	265	667.5
C	Scott Rawlins	24	M_O_C_ABPU	138.2	140	0.5599		12o	-220	240	270		270	4	120	140	-455	140	410	230	250	-275	250	660
C	Marc Adams	35	M_O_C_ABPU	116.1	125	0.5796		17	-215	222.5	230		230	5	125	135	140	140	370	235	260	-275	260	630
C	Andrew Davey	35	M_O_R_ABPU	106.3	110	0.595		12o	235	-252.5	-252.5		235	4	182.5	192.5	-200	192.5	427.5	255	275	-285	275	702.5
C	Spencer Brown	26	M_O_R_ABPU	106.5	110	0.5946		11o	230	250	255		255	3	162.5	180	-485	180	435	270	292.5	-300	292.5	727.5
C	Aaron Hopkins	28	M_O_C_ABPU	122.9	125	0.5719		15in	245	260	-272.5		260	5	150	160	162.5	162.5	422.5	270	-300	300	300	722.5
C	Paul Newman	48	M_M2_C_BPU	137.3	140	0.5605		12in	260	272.5			272.5	4	210	220	230	230	502.5	290	305	-340	305	807.5
C	Mark Snell	29	M_O_C_BPU	116.1	125	0.5796		14in	285	305	-340		305	3	180	192.5	-497.5	192.5	497.5	290	302.5	315	315	812.5
C	David O'Sullivan	27	M_O_C_BPU	109.2	110	0.5898		13in	270	290	-340		290	4	167.5	-475		167.5	457.5	300	-320	-332.5	300	757.5
C	James Warren	31	M_O_C_BPU	106.6	110	0.5945		13o	260	280	-290		280	4	150	160	-470	160	440	260	-272.5		260	700
C	Jason Vernon	30	M_O_C_ABPU	125.3	140	0.5696		13o	180	200			200	3	120	140		140	340	180	200		200	540
C	Ian Wilkinson	34	M_O_C_BPU	107.8	110	0.5923		12	200	210	220		220	4	160	170	175	175	395	-280	-280		0	0