

Manchester 1 Qualifiers for 2020 The Strength Therapy Gym January 25 and 26 2020

Saturday

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Rachel Jackson	29	F_O_R_ABPU	69.5	75	0.9998		15	60	-70	-70	60	2	35	-37.5	-37.5	35	95	75	85	-92.5	85	180
A	Christine Scragg	54	F_M3_R_ABPU	69.2	75	1.0028						0					0	0	90	102.5	107.5	107.5	0
A	Paula Zaradkiewicz	33	F_O_C_ABPU	68.7	75	1.0079		14	100	-440	110	110	4	35	40	-42.5	40	150	105	-445	115	115	265
A	Vikki Thomas	39	F_O_R_ABPU	59.2	60	1.1266		16	95	97.5	102.5	102.5	2p	42.5	45	47.5	47.5	150	110	117.5	120	120	270
A	Paige Hoyle	24	F_O_C_ABPU	73.05	75	0.9663		15	125	140	-442.5	140	2	70	75	77.5	77.5	217.5	110	-420	120	120	337.5
A	Faye Nield	32	F_O_R_ABPU	69.75	75	0.9968		13	92.5	100	105	105	3	57.5	65	67.5	67.5	172.5	110	120	127.5	127.5	300
A	Chantelle Brady	37	F_O_R_ABPU	74.8	75	0.9522						0					0	0	115	127.5	-430	127.5	0
A	Sara Bradley	33	F_O_C_ABPU	65.85	67.5	1.0385		11	125	-432.5	-432.5	125	2	62.5	-67.5	-67.5	62.5	187.5	120	132.5	137.5	137.5	325
A	Clare Comiskey	37	F_O_R_ABPU	62.95	67.5	1.074						0					0	0	120	130	140	140	0
A	Claudia Bordogna	41	F_M1_R_BPU	68.75	75	1.0069						0					0	0	120	130	140	140	0
A	Claire Cartlidge	36	F_O_C_ABPU	65.1	67.5	1.0479		11	95	100	-405	100	4	55	-60	-60	55	155	-430	-430	-430	0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Rebecca Errington	27	F_O_R_ABPU	82.45	82.5	0.9		12	75	82.5	90	90	3	42.5	47.5	-50	47.5	137.5	95	105	112.5	112.5	250
B	Valerie Tinker	59	F_M4_C_ABPU	80.05	82.5	0.9144		18	75	80	-85	80	2p	45	50	-52.5	50	130	105	110	-115	110	240
B	Pauline Dolan	62	F_M5_C_ABPU	85.9	90	0.8821		18	80	90	102.5	102.5	2	50	57.5	60	60	162.5	100	117.5	125	125	287.5
B	Paula Nixon	50	F_M3_C_ABPU	82.5	82.5	0.9		16	90	100	-110	100	2	45	50	-52.5	50	150	120	125	130	130	280
B	Kerry Kennedy	43	F_M1_R_ABPU	106.9	SHW	0.8182		11	90	100	-110	100	4	45	50	-52.5	50	150	130	140	150	150	300
B	Geni Devonish	45	F_M2_R_ABPU	89.2	90	0.8673		16	115	125	127.5	127.5	2p	65	70	-75	70	197.5	135	145	150	150	347.5
B	Eddie Thorpe	15	M_T1_R_ABPU	84.7	90	0.6597		9	115	130	-115	130	5	55	65	70	70	200	140	160	-165	160	360
B	Nathan Jackson	34	M_O_C_ABPU	74.35	75	0.7166		14	150	160	170	170	4	90	-100	-100	90	260	160	175	185	185	445
B	Chun-Kit Kan	41	M_M1_R_ABPU	82.45	82.5	0.6699		11	150	-160	160	160	4	-100	100	110	110	270	160	185	200	200	470
B	Antony Roscoe	48	M_M2_C_ABPU	81.3	82.5	0.6759		11	120	140	-160	140	4	90	100	-107.5	100	240	200	210	-220	210	450
B	Kieran Hope	23	M_J_C_ABPU	72.25	75	0.7315		11	140	155	-165	155	4	100	110	-112.5	110	265	145	160		160	425

SUNDAY

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A	John Miller	53	M_M3_C_ABPU	98.35	100	0.6126		11i	-445	115	130	130	4	65	75	-82.5		75	205	165	175	195	195	400
A	Matt Collins	41	M_M1_C_ABPU	89	90	0.6421		11	160	-470	170	170	3	77.5	82.5	87.5		87.5	257.5	170	180	187.5	187.5	445
A	Dexter Curtis	29	M_O_C_ABPU	88.6	90	0.6436		11	187.5	200	207.5	207.5	3	102.5	107.5	112.5		112.5	320	187.5	-202.5	-202.5	187.5	507.5
A	Daniel Lee	29	M_O_R_ABPU	86.65	90	0.6511		13	170	182.5	192.5	192.5	3	130	137.5	142.5		142.5	335	190	202.5	-212.5	202.5	537.5
A	Scott Webber	33	M_O_C_ABPU	88.95	90	0.6421		11	175	180	-485	180	4	140	145	152.5		152.5	332.5	200	205	210	210	542.5
A	Lee Donohue	26	M_O_C_ABPU	87.4	90	0.6483		11	180	190	-200	190	4	115	120	122.5		122.5	312.5	200	210	-220	210	522.5
A	Andy Pike	27	M_O_R_ABPU	87.5	90	0.6479		11	190	200	-205	200	4	115	120	127.5		127.5	327.5	200	210	220	220	547.5
A	Aleksander Pietraszek	34	M_O_C_BPU	85.2	90	0.6575		10	200	215	-230	215	4	100	115	127.5		127.5	342.5	200	220	-230	220	562.5
A	Joe Byrne	26	M_O_C_ABPU	98.9	100	0.6113		13	190			190	3	135	140	145		145	335	205	220	-230	220	555
A	Stuart Barker	36	M_O_C_BPU	95.28	100	0.6211		13	180	200	220	220	3	-450	155	160		160	380	225	235	-245	235	615
A	David Ritter	34	M_O_C_BPU	87	90	0.6499		16i	-265	265	285	285	4	120	140	-450		140	425	225	255	272.5	272.5	697.5
A	Matt Robinson	28	M_O_R_ABPU	88.8	90	0.6428		9	195	205	-240	205	4	127.5	132.5	137.5		137.5	342.5	230	252.5	-257.5	252.5	595
A	Robert Sawosko	38	M_O_S_BPU	99.55	100	0.6096						0	3	210	220	-230		220	0				0	0
A	Paul Morgan	46	M_M2_R_ABPU	108.8	110	0.5905						0	4	150	160			160	0				0	0

Flt B	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Dennis O'Shea	34	M_O_R_ABPU	134.8	140	0.5621		9	160	167.5	175	175	3	127.5	135	-440		135	310	240	-250	-257.5	240	550
B	Shaun Allan	24	M_O_C_ABPU	107.1	110	0.5935		9	220	235	242.5	242.5	4	125	137.5	145		145	387.5	230	245	260	260	647.5
B	Arran Knott	32	M_O_C_BPU	108	110	0.5919		12i	260	285	300	300	4	160	172.5	180		180	480	260	-270	-270	260	740
B	John Marsden	34	M_O_C_ABPU	108	110	0.5919		14i	285	300	310	310	3	152.5	162.5	170		170	480	285	300	310	310	790
B	Andy Foster	38	M_O_C_BPU	139	140	0.5594		10i	330	350	-360	350	4	200	-240	210		210	560	305	320	-335	320	880
B	Andrzej Roszkowski	39	M_O_C_BPU	115.8	125	0.58		12i	305	345	-385	345	3	220	240	-260		240	585	280	320	-340	320	905
B	William Newton	34	M_O_M_ABPU	115.2	125	0.5808						0						0	0	370	-392.5	392.5	392.5	0
B	Steve MacNeil	35	M_O_M_BPU	145.1	SHW	0.5559		16i	400	422.5		422.5	3	370				370	792.5	300	-342.5		300	1092.5
B	Daniel Cocker BO	35	M_O_C_BPU	124.9	125	0.5699		7i	-245	-245	-245	0	4	140	-450	-450		140	0				0	0
B	Keiran Johnson	30	M_O_R_ABPU	107.2	110	0.5933						0	4	145	155	-465		155	0				0	0