

Day 5

FLIGHT 1:

SINGLE PLY BENCH ONLY ALL LIFTERS UP TO AND INCLUDING -90KG

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3
Patricia Wetton GB	M3 BO SP F	74.7	75					3	75	-80	-80
Rubin Grigari ISR	M9 BO SP M	73.3	75					2	105	110	112.5
Pedro Rocha PORT	Open BO SP M	80.9	82.5					3	-130	130	140
Fabio Bras PORT	Open BO SP M	71.1	75					3	-155	155	160
Diogo Acurcio PORT	Open BO SP M	89	90					4	165	172.5	-182.5
Paul Morgan GB	M1 BO SP M	89.3	90					3	165	180	190
Paul Morgan GB	Open BO SP M	89.3	90					3	165	180	190
Arttu Wahlstrom FIN	Open BO SP M	79.7	82.5					3	210	217.5	-222.5
Aleksandrs Nikitins LAT	Open BO SP M	88.9	90					3	235	-245	-252.5

FLIGHT 2:

SINGLE PLY BENCH ALL LIFTERS -100 TO 140+

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3
Rich Fricker GB	M4 BO SP M	146	140+					4	150	157.5	165
Adam Browne GB	M1 BO SP M	98.3	100					4	195	210	227.5
Michael King GB	M6 BO SP M	123.7	125					4	200	-215	215
Oleg Pivovarov RUS	M3 BO SP M	107.1	110					3	220	230	240
Tapio Laine FIN	M5 BO SP M	126.8	140					4	230	-240	-240
Ryan Hough	Open BO SP M	139.6	140					4	-240	240	-262.5
Todor Kapashikov BUL	Open BO SP M	109.3	110					3	-295	295	-305

FLIGHT 3:

MULTI PLY BENCH ALL LIFTERS UP TO AND INCLUDING -90KG

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3
Wiebke Hinrichsen GER	Open BO MP F	66.8	67.5					1	110	120	-130
Dagmar Liptakova SLK	M1 BO MP F	63.1	67.5					3	130	135	140
Zdenka Hudikova SLK	Open BO MP F	83.2	90					3	-145	-150	150
Faisal Hercules Al Wahabi	T1 BO MP M	68.8	75					3	-160	160	170
Jordan Farrington	T3 BO MP M	87.5	90					2	165	175	182.5
Julia Kosturova SLK	Open BO MP F	72.3	75					3	165	175	187.5
Marek Herak	Junior BO MP M	65.3	67.5					2	180	190	200
Vagif Mammadov AZN	M1 BO MP M	90	90					3	180	200	-220
Didier Theux FRA	M4 BO MP M	82.1	82.5					4	210	220	230
Agshin Ismayilov AZN	Open BO MP M	75	75					3	220	-240	-240
Bayram Aliyev AZN	Open BO MP M	81.9	82.5					3	235	-247.5	-247.5
Filip Stanko SLK	Open BO MP M	84.1	90					2	240	250	260
Gabriel Kovac	Junior BO MP M	81.6	82.5					3	260	280	300
Vladimir Omelkov RUS	OPEN BO MP M	108	110					4	-265	-265	265

FLIGHT 4:

MULTI PLY BENCH ALL LIFTERS -100 TO 140+

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3
Neil John Stewart GBR	M1 BO MP M	99.3	100					3	155	167.5	175
Denis Borcha	T1 BO MP M	131.7	140					4	-170	170	180
Dominik Gabriel	T3 BO MP M	108.8	110					4	-180	180	190
Mikko Matikainen FIN	Open BO MP M	99.4	100					4	195	-205	205
Ismo Sahlsten FIN	M3 BP MP M	119.6	125					3	210	220	227.5
Vlastimil Pol CZK	Open BP MP M	116.1	125					4	-250	-250	-255
Vladimir Omelkov RUS	M2 BO MP M	108	110					4	-265	-265	265
Eldar Mammadov AZN	Open BO MP M	99.3	100					4	255	-272.5	272.5
Bruno Alves PORT	Open BO MP M	107.6	110					3	260	-272.5	272.5
Patrik Navara CZK	Open BO MP M	106.2	110					4	270	277.5	290
Namig Nuruyev AZN	Open BO MP M	96.6	100					4	270	-285	-290
Marcus Heuer GER	Open BO MP M	106.1	110					3	-287.5	287.5	300
Jaromir Kratochvil CZK	Open BO MP M	99.9	100					3	285	290	-302.5
Miroslav Adamove SLK	T3 BO MP M	96.1	100					4	270	300	-312.5
Steve Tubby Macneil	Open BO MP M		140kg					3	-332.5	-340	-340
Oleg Pivovarov RUS	M3 BO MP M	107.1	110					3	230	240	0
Iain Connors GB	Open BP MP M	115.5	125					4	280	-290	0
Neil John Stewart GBR	O BO MP M	99.3	100					3	155	167.5	175

FLIGHT 5:

SINGLE PLY DEADLIFT ALL LIFTERS

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3
Rubin Grigari ISR	M9 DL SP M	73.3	75									0	160	-165	0
Alexander Romanichev ISR	M3 DL sP M	55.6	56										185	202.5	210
Alexander Romanichev ISR	Open DL sP M	55.6	56										185	202.5	210
Rich Fricker GB	M4 DL SP M	146.6	140+									0	220	265	0
Scott Chafer GB	M1 DL SP M	101.3	110									0	225	240	250
Geogei Mauavski BUL	M3 DL SP M	126.4	140									0	275	300	-315

FLIGHT 6: MULTI PLY DEADLIFT ALL LIFTERS

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3
Alexander Romanichev ISR	M3 DL MP M	55.6	56										205	215	225
Alexander Romanichev ISR	Open DL MP M	55.6	56										205	215	225
Yuriy Ustinov RUS	M1 DO MP M	97.8	100									0	220	240	250
Andre Rei PORT	Junior DL MP M	74.5	75										235	250	260
Andre Rei PORT	Open DL MP M	74.5	75										235	250	260
Neil John Stewart GB	M1 DL MP M	99.3	100										245	257.5	265
Neil John Stewart GB	OPEN DL MP M	99.3	100										245	257.5	265
Jonathan Burth GER	Open DL MP M	89.5	90										280	300	-312.5
Tony Chard FRA	M2 DL MP M	120.8	125										290	310	-322.5
Paulo Santos PORT	Open DL MP M	101.2	110										320	330	-340
Didier Theux FRA	M4 DL MP M	82.1	82.5										200	230	0

