

Day 3 AWPC World Championships 2018

Morning Competition

Flight 1

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total
A	Colin Ardron	73	M_M7_R_ABPU	66.1	67.5	0.7842			75	-80	80		80		-55	55	-60		55	135	95	100	105		105	240
A	William WJ Ashton	65	M_M6_R_ABPU	80	82.5	0.6827			115	125	-130		125		50	60	65		65	190	170	185	195	-200	195	385
A	Martin Hewlett	54	M_M3_R_ABPU	74.4	75	0.7166			120	130	-155.5		130		100	-112.5	-112.5		100	230	170	182.5	-197.5		182.5	412.5
A	Lee Dunn	33	M_O_R_ABPU	58.7	60	0.8703			125	135	142.5		142.5		105	110	115		115	257.5	165	175	180		180	437.5
A	Slawomir Kaleta	65	M_M6_R_ABPU	71.9	75	0.7345			140	155	165		165		90	-100	100		100	265	175	-190	-190		175	440
A	Daniel Thrasivoulou	32	M_O_R_ABPU	66.9	67.5	0.7766			160	170	180		180		115	122.5	-130		122.5	302.5	210	227.5	230		230	532.5
A	Paul Bartlett	38	M_O_R_ABPU	65.4	67.5	0.7911			165	177.5	182.5		182.5		105	112.5	115		115	297.5	190	-202.5	-202.5		190	487.5
A	Mitchell Horrocks	24	M_O_R_ABPU	74.4	75	0.7166			170	-190	190		190		110	130	-135		130	320	230	-250	257.5		257.5	577.5
A	George Walton	24	M_O_R_ABPU	74.3	75	0.7173			175	190	200		200		127.5	135	-140		135	335	225	240	-245		240	575
A	Daniel Galata	25	M_O_R_ABPU	81.7	82.5	0.6739			180	195	210		210		100	110	115		115	325	195	210	-225		210	535
A	Paul Beattie	30	M_O_R_ABPU	71.7	75	0.736			180	200	212.5		212.5		135	145	152.5		152.5	365	230	240	-252.5		240	605
A	Paul Coates	51	M_M3_R_ABPU	82.2	82.5	0.6714			182.5	187.5	-190		187.5		127.5	130	-132.5		130	317.5	227.5	-236	236		236	553.5
A	Stefan Putter	27	M_O_R_ABPU	80.9	82.5	0.6779			200	220	230		230		155	165			165	395	260	280	290		290	685
A	Angelo Fortino	25	M_O_R_ABPU	79.9	82.5	0.6832			230	237.5	250		250		145	152.5	157.5		157.5	407.5	275	317.5	327.5		327.5	735

Flight 2

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total
B	Ray Hunter	70	M_M7_R_ABPU	95.9	100	0.6194			70	80	-90		80		55	60	-65		60	140	135	145	-155		145	285
B	Paul Baker	47	M_M2_R_ABPU	95.5	100	0.6206			75	85	105		105		57.5	62.5	-65		62.5	167.5	135	-150	150		150	317.5
B	Peter Hayden	55	M_M4_R_ABPU	92.6	100	0.6295			125	135	145		145		90	100	105		105	250	180	190	200		200	450
B	Richard Kemp	58	M_M4_R_ABPU	88.7	90	0.6432			140	-160	160		160		90	-100	-100		90	250	200	215	225		225	475
B	David Burshtan	56	M_M4_R_ABPU	98.4	100	0.6126			145	155	-165		155		112.5	120	125		125	280	157.5	170	175		175	455
B	Robert Worthington	52	M_M3_R_ABPU	88.2	90	0.6451			145	157.5	-165		157.5		127.5	132.5	135		135	292.5	165	180	190		190	482.5
B	Marcin Kaleta	40	M_M1_R_ABPU	87.3	90	0.6487			175	190	200		200		100	110	-120		110	310	180	200	-220		200	510
B	Eric Conway	56	M_M4_R_ABPU	88.5	90	0.644			175	177.5	180		180		115	117.5	-122.5		117.5	297.5	210	220	230		230	527.5
B	Gavin Browne	27	M_O_R_ABPU	97.7	100	0.6144			185	-195	195		195		110	117.5	120		120	315	200	225	-230		225	540
B	Nathaniel Robinson	24	M_O_R_ABPU	89.6	90	0.6398			185	-200	200		200		135	-142.5	142.5		142.5	342.5	235	-252.5	-257.5		235	577.5
B	Daniel Hayes	26	M_O_R_ABPU	98.5	100	0.6123			190	202.5	-207.5		202.5		142.5	-152.5	-152.5		142.5	345	250	255	-260		255	600
B	Jan Hitchcock	51	M_M3_R_ABPU	97.1	100	0.6161			190	210	-222.5		210		160	170	-180		170	380	190	205	217.5		217.5	597.5
B	Adam Gasson	37	M_O_R_ABPU	88.5	90	0.644			195	210	220		220		130	140	-145		140	360	220	240	-250		240	600
B	Matt Robinson	26	M_O_R_ABPU	95.8	100	0.6197			200	210	215		215		130	-135	-135		130	345	247.5	-257.5			247.5	592.5
B	John Devlin	47	M_M2_R_ABPU	99.4	100	0.6101			210	235	-240		235		135	145	150		150	385	240	265	-270		265	650
B	Ryan Konneck	27	M_O_R_ABPU	98.3	100	0.6129			210	240	-260		240		170	177.5	182.5		182.5	422.5	227.5	252.5	-272.5		252.5	675
B	Liam Salmon	32	M_O_R_ABPU	88.6	90	0.6436			215	-230	230		230		150	157.5	-162.5		157.5	387.5	220	235	267.5		267.5	655

Flight 3

Flt C	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total
C	James McNamara	35	M_O_R_ABPU	137.6	140	0.5603			160	172.5	180		180		95	95	105		105	285	180	200	210		210	495
C	Michael Gallagher	42	M_M1_S_ABPU	59.7	60	0.8568			190	190	190		190		95	100	105		105	295	170	177.5	177.5		170	465
C	Barry Smith	31	M_O_S_ABPU	58.7	60	0.8703			202.5	202.5	210		202.5		120	125	130	140	130	332.5	190	200	200		200	532.5
C	Adrian Phillips	54	M_M3_S_ABPU	98	100	0.6136			210	225	235		235		140	145	145		140	375	230	240	240		230	605
C	Scott Kuderick	44	M_O_M_ABPU	90	90	0.6384			210				210		165				165	375	210				210	585
C	Steve Thresher	41	M_M1_R_ABPU	115.8	125	0.58			217.5	232.5	240		240		145	152.5	160		152.5	392.5	275	290	290		275	667.5
C	Chris Meadows	43	M_M1_R_ABPU	113.7	125	0.5828			220	240	260		240		130	140	140		130	370	222.5	225	245		245	615
C	Mitchell Tutt	32	M_O_R_ABPU	108	110	0.5919			230	240	240		230		80	90	100		90	320	250	270	280		270	590
C	Andrew Davey	34	M_O_R_ABPU	107.1	110	0.5935			232.5	250			232.5		182.5	192.5	202.5		192.5	425	257.5	285	295		257.5	682.5
C	John Smith	31	M_O_R_ABPU	107.7	110	0.5924			245	255	262.5		262.5		162.5	172.5	180		180	442.5	260	270	280		270	712.5
C	Frankie Kemp	25	M_O_R_ABPU	138.4	140	0.5598			255	270	270		255		160	170	180		170	425	255	270	275		255	680
C	Nick Sazenski	24	M_O_S_ABPU	95	100	0.622			260	270	280		270		160	170	180		180	450	250	260	260		250	700
C	Robert Bain	36	M_O_R_ABPU	117.7	125	0.5776			290	290	312.5		290		152.5	160	162.5		162.5	452.5	250	295	322.5		295	747.5

