

Day 2 AWPC World Championships 2018

Morning Competition

Flight 1

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Sue Chatton	50	F_M3_R_ABPU	47	48	1.3449			60	70	70		70		40	45	45	45	115	90	100	102.5	102.5	217.5
A	Amelia Lang	29	F_O_R_ABPU	47.7	48	1.3305			70	75	77.5		75		40	45	45	40	115	90	100	110	100	215
A	Bev Johnson	53	F_M3_R_ABPU	65.4	67.5	1.0444			70	75	80		75		50	55	55	50	125	95	102.5	110	110	235
A	Melanie Cuff	45	F_M2_R_ABPU	59.9	60	1.1163			80	82.5	85		85		35	40	40	35	120	100	105	110	110	230
A	Elena KUDRYASHOVA	44	F_M1_R_ABPU	51.3	52	1.2597			75	85	92.5		85		50	60	65	60	145	100	115	125	125	270
A	Shauna O'Brien	28	F_O_R_ABPU	57.2	60	1.1572			77.5	85	90		85		47.5	50	52.5	50	135	105	115	115	105	240
A	Bernie Quinn	51	F_M3_R_ABPU	59.2	60	1.1266			62.5	70	72.5		70		35	37.5	37.5	37.5	107.5	105	112.5	117.5	117.5	225
A	Cathy Miller	49	F_M2_R_ABPU	64.8	67.5	1.0515			100	105	112.5		112.5		55	62.5	62.5	55	167.5	112.5	122.5	137.5	122.5	290
A	Katrina Allwood	47	F_M2_R_ABPU	54	56	1.2106			80	87.5	87.5		87.5		40	50		50	137.5	120	130	130	130	267.5
A	Sandra Evans	33	F_O_R_ABPU	58.4	60	1.1386			80	85	87.5		87.5		50	55	57.5	55	142.5	120	132.5	132.5	120	262.5
A	Hannah Holmes	28	F_O_R_ABPU	60	60	1.1149			92.5	97.5	100		97.5		52.5	55	55	55	152.5	122.5	127.5	130	130	282.5
A	Wioleta Lorek	29	F_O_R_ABPU	51.6	52	1.2541			107.5	112.5	118.5		118.5		55	60	62.5	62.5	181	125	132.5	140	140	320
A	Lisa Hall	45	F_M2_R_ABPU	66.1	67.5	1.0362			85	92.5	92.5		85		55	57.5	60	57.5	142.5	125	132.5	140	140	282.5
A	Charlotte Taylor	28	F_O_R_ABPU	55.5	56	1.1849			95	102.5	110		102.5		52.5	52.5	60	52.5	155	125	140	150	140	295
A	Bota Cork	37	F_O_R_ABPU	50.9	52	1.2673			90	97.5	102.5		97.5		47.5	47.5	50	47.5	145	130	137.5	137.5	275	275
A	Diana Chimhundu	54	F_M3_R_ABPU	66.7	67.5	1.0294			87.5	95	97.5		97.5		42.5	45	47.5	47.5	145	130	137.5	140	137.5	282.5
A	Beckie Hebson	34	F_O_R_ABPU	55.1	56	1.1916			115	125	131		131		57.5	62.5	65	62.5	193.5	130	140	152.5	140	332.5
A	Yvette Wilmot	35	F_O_R_ABPU	59.7	60	1.1192			82.5	87.5	92.5		87.5		52.5	55	57.5	55	142.5	132.5	137.5	140	140	282.5

Flight 2

Flt B	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Melanie Cowen	51	F_M3_R_ABPU	89.3	90	0.8669			-92.5		92.5		92.5		40	45	50	50	142.5	115	130	135	135	277.5
B	Clare Comiskey	35	F_O_R_ABPU	69.5	75	0.9998			85	90	95		95		45	47.5	-50	47.5	142.5	127.5	135	137.5	137.5	280
B	Vanessa Develter	26	F_O_R_ABPU	73.8	75	0.9604			90	-400	-400		90		50	55	-60	55	145	120	135	-445	135	280
B	Ann Votsikas	53	F_M3_R_ABPU	81.3	82.5	0.907			85	92.5	-400		92.5		60	-65	-65	60	152.5	-440	-450	150	150	302.5
B	Patricia Wetton	52	F_M3_R_ABPU	73.6	75	0.9621			95	-402.5	102.5		102.5		62.5	65	-67.5	65	167.5	125		130	130	292.5
B	Lisa Johnston	45	F_M2_R_ABPU	73.7	75	0.9613			-90	90	102.5		102.5		52.5	57.5	60	60	162.5	135	140	-442.5	140	302.5
B	Vicki Hight	29	F_O_R_ABPU	129.6	SHW	0.7888			102.5	107.5	-412.5		107.5	p	70	77.5	-82.5	77.5	185	110	125	127.5	127.5	312.5
B	Nicola Carthy	38	F_O_R_ABPU	80.4	82.5	0.9125			90	100	112.5		112.5		60	65	70	70	182.5	130	145	-455	145	327.5
B	Alice Darcy	24	F_O_R_ABPU	66	67.5	1.0374			105	112.5	-445		112.5		55	-57.5	-57.5	55	167.5	125	132.5	-435	132.5	300
B	Karla Frater	55	F_M3_R_ABPU	86.6	90	0.8788			105	112.5	115		115		40	45	-47.5	45	160	140	145	147.5	147.5	307.5
B	Sophie Viner	24	F_O_R_ABPU	104.5	SHW	0.8227			-440	110	-420		110		50	52.5	-55	52.5	162.5	125	135	-447.5	135	297.5
B	Elizabeth Webb	29	F_O_R_ABPU	88.8	90	0.869			110	115	-420		115		55	60	-62.5	60	175	155	170	-475	170	335
B	Fran Loughlin	39	F_O_R_ABPU	73.9	75	0.9596			110	117.5	122.5		122.5		70	75	-80	75	197.5	130	140	150	150	347.5
B	Laura Smith	36	F_O_R_ABPU	66.3	67.5	1.0339			-422.5	125	-430		125		70	-75	-75	70	195	155	-465	-465	155	350
B	Joanna Jack	40	F_M1_R_ABPU	89.4	90	0.8665			120	130.5	-435		130.5		-62.5	62.5	70.5	70.5	201	140	147.5	155	147.5	355
B	Lucinda Stansfield	29	F_O_R_ABPU	65.1	67.5	1.0479			120	130	-435		130		60	65		65	195	140	-455	-455	140	335
B	Kerry Fannon	41	F_M1_R_ABPU	104.9	SHW	0.8219			120	132.5	140		140		50	55	57.5	57.5	197.5	152.5		-467.5	152.5	350
B	Laura Parker	30	F_O_R_ABPU	110.3	SHW	0.8126			155	165	170		170		90	97.5	102.5	102.5	272.5	170	182.5	-490	182.5	455
B	Lucy Glover	27	F_O_R_ABPU	66.3	67.5	1.0339			117.5	120			120		75	80	-82.5	80	200	145	-452.5	152.5	152.5	352.5

Afternoon Competition

Flight 1

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total
C	Aneela Rose	46	F_M2_C_ABPU	53.2	56	1.2248		150	77.5	82.5	87.5		87.5	2	45	50	-52.5		50	137.5	100	105	-120		105	242.5
C	Amanda Cunliffe	50	F_M3_C_ABPU	58.5	60	1.1371		160	-97.5	97.5	-403		97.5	2	50	52.5	-54		52.5	150	110	120	125	-427.5	125	275
C	Munira Patel	31	F_O_C_ABPU	59.4	60	1.1236		16	-80	80	85		85	2	45	50	-52.5		50	135	110	120	-125		120	255
C	Hollie Pearson	29	F_O_C_ABPU	55.6	56	1.1832		140	90	95	100		100	2	47.5	50	52.5		52.5	152.5	117.5	125	130		130	282.5
C	Jane Davies	49	F_M2_S_ABPU	55.1	56	1.1916		16i	90	100	105		105	3	35	45	55		55	160	120	130			130	290
C	Laura Manca	28	F_O_C_ABPU	54.9	56	1.195		140	125	135	-440		135	1	52.5	55	-57.5		55	190	125	132.5	137.5		137.5	327.5
C	Perla Espinosa	31	F_O_C_ABPU	56	56	1.1766		13	-430	135	-445		135	1	52.5	60	65		65	200	125	135	140		140	340
C	Nicola Swain	40	F_M1_C_ABPU	59.3	60	1.1251		16	100	-440	110		110	2	60	65	-67.5		65	175	-425	135	-443		135	310
C	Alison Hough	52	F_M3_S_ABPU	59.1	60	1.1281		130	-430	130	140	147.5	140	1	85	90	95	98	95	235	-430	130	140	-453	140	375
C	Alice Munks	30	F_O_C_ABPU	55.2	56	1.19		150	-440	110	-422.5		110	2	50	52.5	55		55	165	130	137.5	145		145	310
C	Donna Phillips	29	F_O_C_ABPU	66.9	67.5	1.0272		160	125	130	132.5		132.5	3	67.5	72.5	-76		72.5	205	145	155	162.5		162.5	367.5
C	Shan Passmore	47	F_M2_C_ABPU	57.8	60	1.1478		150	120	130	135		135	2	55	60	-62.5		60	195	150	-455	155		155	350
C	Venessa O'Keefe	30	F_O_C_ABPU	65	67.5	1.0491		160	135	145	-450		145	3	67.5	72.5	-75		72.5	217.5	150	155	-460		155	372.5
C	Hannah Anderson	33	F_O_C_ABPU	59.5	60	1.1221		15	130	-137.5	-137.5		130	2	60	-65	-70		60	190	150	160	-470		160	350
C	Joanna Halliday	43	F_M1_C_ABPU	65.8	67.5	1.0397		16	140	150	155		155	2	85	87.5	-90		87.5	242.5	155	165	170		170	412.5
C	Amanda Gisby	36	F_O_C_ABPU	64.2	67.5	1.0588		120	145	-455	-455		145	2	60	-65	-65		60	205	160	-465	165		165	370

Flight 2

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total
D	Cleary Clifford	42	F_M1_C_ABPU	80.7	82.5	0.9106		15	100	440	440		100	3	47.5	50	52.5		50	150	120	125	130		125	275
D	Valerie Tinker	58	F_M4_C_ABPU	78.5	82.5	0.9249		130	75	80	85		85	2p	47.5	50	55		50	135	120	125	130		125	260
D	Sherie Reed	30	F_O_C_ABPU	101	SHW	0.8302		140	120	125	125		125	3p	60	65	70		70	195	120	132.5	145		145	340
D	Mo Proctor	51	F_M3_C_ABPU	88.1	90	0.872		150	105	115	125		115	2	70	75	77.5		75	190	130	140	145		140	330
D	Tracy Johnson	43	F_M1_C_ABPU	87.5	90	0.8746		160	90	115	130		130	3	55	60	60		55	185	130	145	160		145	330
D	Simone Kupisz	28	F_O_C_ABPU	82.1	82.5	0.9023		15	145	155	160		155	3	92.5	97.5	100		100	255	145	152.5	160		160	415
D	Anjanita Baker	43	F_M1_C_ABPU	69.4	75	1.0008		140	120	130	140		130	2	70	75	77.5		75	205	145	155	162.5		155	360
D	Fay Northcott	26	F_O_C_ABPU	74.1	75	0.9579		16	135	145	155		145	2	65	70	72.5		70	215	150	162.5	162.5		162.5	377.5
D	Steevi Pugh	28	F_O_C_ABPU	101.2	SHW	0.8297		18	182.5	192.5	192.5		182.5	3	72.5	75	77.5		75	257.5	150	160	162.5		160	417.5
D	Leama Lee	32	F_O_C_ABPU	79.9	82.5	0.9156		13	162.5	167.5	168		162.5	1	82.5	87.5	92.5		87.5	250	152.5	162.5	165		165	415
D	Gemma Wright	25	F_O_C_ABPU	74.4	75	0.9555		160	163	167.5	167.5		163	2	70	75	75		70	233	160	170	170		160	393
D	Kadie Crichton	27	F_O_C_ABPU	111.6	SHW	0.8106		190	165	175	180		165	3	70	75	77.5		77.5	242.5	160	167.5	177.5		177.5	420
D	Bernadette Cunningham	39	F_O_C_ABPU	87.5	90	0.8746		16	160	170	180		180	3	102.5	110	112.5		110	290	170	180	190		190	480
D	Lana Evans	26	F_O_C_ABPU	80.9	82.5	0.9094		15	160	160	170		160	3	55	62.5	67.5		67.5	227.5	120	130			130	357.5

