

British Nationals ABPU and BPU 2017 2/3 September 2017, Thornbury Leisure Centre, Bristol

Saturday 2nd Septmber 2017

ABPU Platforms:

A	pt#	Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
A		Amelia Baines+Deadlift only	F_OR_ABPU	47.9			-60	60	67.5		37.5	40	-45	107.5	75	85	95	202.5
A		Bev Johnson	F_MR_3_ABPU	66.2			55	60	65		42.5	45	-47.5	110	85	95	105	215
A		Emma Hyam	F_MR_1_ABPU	65.4			65	72.5	-80		47.5	52.5	-55	125	90	95	100	225
A		Elizabeth Davies deadlift only	F_MR_2_ABPU	53.6											90	100	107.5	0
A		Georgina Hodson Deadlift Only	F_OR_ABPU	51											105	115	125	0
A		Jessica Pallot	F_JR_ABPU	58.2			-90	-90	-90		57.5	60	65	0	107.5	112.5	120	0
A		Lexy anne Cattermole	F_OCR_ABPU	51.1			75	85	-90		47.5	52.5	-57.5	137.5	107.5	115	122.5	260
A		Yvette Katherine Wimot	F_OR_ABPU	59.1			60	-70	-70		45	-50	52.5	112.5	110	117.5	122.5	235
A		Odette Smalden	F_JR_ABPU	47.3			75	-77.5	-77.5		37.5	-40	-40	112.5	110	117.5	125	237.5
A	5	Lindsay Mcquire	F_OR_ABPU	55.9			72.5	-77.5	-80		45	47.5	50	122.5	115	127.5	-132.5	250
A		Amanda Hillary	F_OCR_ABPU	66.6			125	-135	-142.5		57.5	60	-62.5	185	115	122.5	127.5	312.5
A		Lucinda Naomi Stanfield	F_OR_ABPU	65.8			105	115	-125		52.5	-57.5	-57.5	167.5	125	140	-155	307.5
A	6	Alison Hough+bench only	F_MES_3_ABPU	64.2			130	145	155		95	100	105	260	130	140	150	410
A	2	Chloe Trippier	F_OR_ABPU	54.6			-110	-110	-110		-55	55	-60	0	135	140	-150	0
A		Donna Phillips	F_OCR_ABPU	66.4			100	115	122.5		65	72.5	75	197.5	140	150	-160	347.5
A		Amanda Gisby	F_OR_ABPU	59.8			125	-130	130		60	65	67.5	197.5	160	-170	-170	357.5

B	wt#	Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
B		Olivia Munro	F_TR_3_ABPU	78.7			80	-82.5	82.5	3	52.5	57.5	60	142.5	95	100	102.5	245
B		Barbara Wilson	F_OR_ABPU	75			-80	80	85	3	40	45	-50	130	95	100	102.5	232.5
B		Valerie Tinker DO BO	F_MR_4_ABPU	75						2	47.5	-50	50	0	105	115	122.5	0
B		Viv Dickinson	F_OCR_ABPU	88.1			110	120	-130	2	62.5	65	-67.5	185	110	-117.5	117.5	302.5
B		Patricia Wetton	F_MR_3_ABPU	73.6			65	80	-100	3	60	62.5	65	145	120	127.5	132.5	277.5
B		Laura Smith+DO BO	F_OCR_ABPU	70.8						3	55	60	-65	0	125	135	140	0
B		Hannah Venn-Munns	F_OR_ABPU	78.2			90	-95	-95	4	65	67.5	-70	157.5	125	135	142.5	300
B		Maureen Proctor	F_MR_3_ABPU	87.7			100	-105	110	3	65	70	-75	180	125	135	-142.5	315
B		Sarah Lees	F_OR_ABPU	73.1			65	-75	75	4	45	50	-55	125	125	140	-150	265
B		Kelly Mathews	F_OR_ABPU	72.9			87.5	-95	-100	3	57.5	-62.5	-62.5	145	130	-137.5	-137.5	275
B		Samantha Vickers	F_OR_ABPU	70.8			95	105	110	3	55	60	67.5	177.5	130	142.5	150	327.5
B		Dawn Morrel	F_MES_4_ABPU	81.5			115	120	122.5	3	77.5	82.5	85	207.5	132.5	137.5	142.5	350
B		Ann Votsikas	F_MR_3_ABPU	81.2			77.5	82.5	87.5	4	57.5	62.5	-67.5	150	132.5	140	147.5	297.5
B		Geni Devonish	F_MR_1_ABPU	93.4			130	135	137.5	2	70	75	77.5	215	135	145	150	365
B		Eleanor Dodd	F_OCR_ABPU	73.8			125	140	150	3	55	62.5	65	215	135	147.5	155	370
B		Alison Dufour	F_OR_ABPU	80.2			122.5	-127.5	-127.5	4	72.5	-77.5	-77.5	195	140	-150	0	335
B		Nicola Carthy	F_OR_ABPU	78.9			100	105	-110	4	67.5	-70	70	175	145	155	-162.5	330
B		Gemma Wright	F_OR_ABPU	74.1			127.5	137.5	140	3	62.5	67.5	-70	207.5	150	157.5	165	372.5
B		Leama Lee	F_OCR_ABPU	88.5			155	165	-170	0	85	-90	90	255	152.5	162.5	-167.5	417.5
B		Alex Foster	F_OR_ABPU	74.2			120	130	-135	2	70	72.5	75	205	155	160	-170	365
B		Elizabeth Webb	F_OR_ABPU	88.7			110	-112.5	-112.5	5	50	57.5	-62.5	167.5	155	165	-172.5	332.5
B		Laura Parker	F_OR_ABPU	90+			152.5	160	165	2	87.5	92.5	-95	257.5	160	172.5	177.5	435
B		Lisa Bulcock	F_OR_ABPU	89.6			-170	170	182.5	3F	75	80	85	267.5	160	170	180	447.5
B		Sophie McKinna	F_JR_ABPU	110.8			160	170	180	2	110	120	-125	300	190	200		500

C	▼t#	Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
C		Jed Gibbs	M_TR_1_ABPU	82.5			115	125	135	3	90	-95	-95	225	140	150	157.5	382.5
C		Slawomir Kaleta	M_MR_5_ABPU	70			115	-125	125	3	80	90	-100	215	155	165	170	385
C		Ramadeep Ugra	M_OR_ABPU	77.6			140	150	155	4	80	87.5	-92.5	242.5	172.5	-187.5	187.5	430
C	4	Mark Bestford	M_OR_ABPU	82.1			127.5	135	140	4	92.5	-100	-100	232.5	165	180	190	422.5
C	1	Ken Talbot	M_OR_ABPU	80.7			125	135	140	4	95	100	105	245	180	190	200	445
C		Ben Tyler	M_JCR_ABPU	82.5			160	167.5	175	3	92.5	100	-105	275	170	185	200	475
C		Joshua Molloy	M_OR_ABPU	80.3			142.5	155	162.5	5	107.5	117.5	122.5	285	200	215	225	510
C		Adam Gasson	M_OCR_ABPU	81.4			190	-200	200	4	120	-130	-130	320	-220	220	-230	540
C		Sean Sutherland	M_OR_ABPU	81.2			-147.5	160	-167.5	5	107.5	115	-120	275	205	220	232.5	507.5
C		Douglas Lisle	M_OCR_ABPU	77.2			170	185	-200	3	120	127.5	-132.5	312.5	210	-232.5	-232.5	522.5
C	7	Kyle Haynes	M_OR_ABPU	81.6			167.5	195	200	2	145	152.5	160	360	217.5	230	240	600
C		Ross McHale	M_OCR_ABPU	81.6			160	172.5	180	4	130	135	-140	315	220	232.5	-242.5	547.5
C		Lloyd Chugg	M_JR_ABPU	82.5			220	-227.5	227.5	3	160	167.5	172.5	400	280	287.5	290	690
C		David O'Neil BO	M_MR_2_ABPU	81.3						3	145	172.5	-180	0				

BPU Platform – 2nd September 2017

Flt D	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre nner	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score
D	Kiyan Tavanaie	18	M_TR_3_ABPU	59.8	60	0.83555		15out	120	125	-127.5		125	3	95	-400	-100	95	220	65			65	285	238.132
D	Michael Smith	27	M_OR_ABPU	72.7	75	0.70485		18out	125	135	-145		135	4	80	85	-92.5	85	220	135	147.5	160	160	380	267.843
D	Jamie Colwill	22	M_JR_ABPU	67.1	67.5	0.7522		16out	125	-135	-435		125	3	62.5	67.5	-70	67.5	192.5	140	150	-160	150	342.5	257.629
D	Sam Picknett	18	M_TR_3_ABPU	108.6	110	0.56455		18 out	-450	-450	-450		0	4	80	-90	-90	80	0	170	-180	180	180	0	0.000
D	Gurnaik Birring+DO BO	26	M_OR_ABPU	59.6	60	0.8383							0	2	115	122.5	-127.5	122.5	0	180	190	-200	190	0	0.000
D	Darrel Swift	45	M_MR_2_ABPU	70.7	75	0.72045		15out	160	175	182.5		182.5	3	90	105	107.5	107.5	290	180	200	-240	200	490	353.021
D	Tom Collins	18	M_TR_3_ABPU	82.5	82.5	0.6446		21out	157.5	170	-177.5		170	4	117.5	125	-130	125	295	185	200	210	210	0	0.000
D	Daniel Gildersleeve	30	M_OR_ABPU	66.8	67.5	0.7551		15out	162.5	172.5	-177.5		172.5	3	107.5	117.5	-120	117.5	290	190	202.5	-207.5	202.5	492.5	371.887
D	Brad Nortcliffe	21	M_JCR_ABPU	64	67.5	0.7841		17out	160	172.5	177.5		177.5	3	110	-122.5	122.5	122.5	300	200	210	-245	210	510	399.891
D	Chris Allison	32	M_OCR_ABPU	83.8	90	0.6382		18out	195	205			205	4	100	102.5	120	120	325	200	215	227.5	227.5	552.5	352.606
D	William Smith	22	M_JR_ABPU	73.8	75	0.69685		16out	170	-182.5	182.5		182.5	3	105	112.5	-117.5	112.5	295	200	215	230	230	525	365.846
D	Daniel Thrasivoulou	31	M_OR_ABPU	66.5	67.5	0.75805		17out	145	155	160		160	3	110	117.5	120	120	280	205	217.5	220	220	500	379.025
D	Ben Karaosman	21	M_JES_ABPU	121.9	125	0.5495		14in	-265	275	280		280	4	155	167.5	172.5	172.5	452.5	215	232.5	-242.5	232.5	685	376.408
D	David Hodson	32	M_OR_BPU			0							0					0	0	215	235	-255	235	0	0.000
D	Ben Legg	22	M_JCR_ABPU	74.9	75	0.69275		16out	197.5	210	215		215	2	-142.5	-450	150	150	365	220	235	245	245	610	422.578
D	Steven Peter Forrest Deadlift only	23	M_JR_ABPU	88.4	90	0.6181							0					0	0	230	-250	250	250	0	0.000
D	Nathan Wysocki Deadlift Only	23	M_JR_ABPU	107	110	0.5671							0					0	0	240	255	-265	255	0	0.000
D	Alex Tudderham	23	M_JR_ABPU	123.8	125	0.54685		21out	205	220	232.5		232.5	4	130	140	-150	140	372.5	240	260	270	270	642.5	351.351
D	Marcus Kay	20	M_JCR_ABPU	99.9	100	0.5828		18out	245	260	-272.5		260	3	165	175	-185	175	435	270	290	-300	290	725	422.530
D	Alexander Munn	20	M_JCR_ABPU	123.3	125	0.54745		21out	300	315	-330		315	3	160	167.5	172.5	172.5	487.5	280	300	-312.5	300	787.5	431.117
D	Jacob Holdcroft	20	M_JR_ABPU	121.8	125	0.54905		19out	250	-260			250	4	160	-170	-170	160	410	305	-315		305	715	392.571

Flt E	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre nner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
E	Nigel Orme deadlift only	56	M_MR_4_BPU	74.9	75	0.69275				0				0	0	160	165	-172.5	165	0
E	Daniel McCaughey Deadlift only	31	M_OR_BPU	80.7	82.5	0.654				0				0	0	190	200	207.5	207.5	0
E	Reece Sawa	27	M_OR_BPU	74.2	75	0.694	185	-195	195	195	-125	125	-130	125	320	200	210	220	220	540
E	Daniel Bassett	43	M_MR_1_BPU	74.3	75	0.69335	140	-150	150	150	60			60	210	205	220	227.5	227.5	437.5
E	Paul Fishlock	47	M_MEM_2_BPU	81.7	82.5	0.6487	-250	-250	250	250	145	150	-155	150	400	210	222.5	230	230	630
E	Sohail Rashid	32	M_OCR_BPU	74.7	75	0.6906	180	190	195	195	130	135	-140	135	330	215	225	-232.5	225	555
E	John Vincent	52	M_OCR_BPU	70.9	75	0.7231	185	195	200	200	130	-140		130	330	220	230	235	235	565
E	Luke Geary	22	M_JCR_BPU	79.6	82.5	0.66005	180	200	-205	200	120	130	137.5	137.5	337.5	200	230	-240	230	567.5
E	Darren Clayton	36	M_OCR_BPU	79	82.5	0.6635	190	200	210	210	135	142.5	-150	142.5	352.5	220	235	245	245	597.5
E	Alireza Herfedoust	30	M_OCR_BPU	74.6	75	0.69125	240	255	265	265	135	145	-150	145	410	230	240	-245	240	650
E	Keenan Freer	18	M_TR_3_BPU	79.3	82.5	0.66175	150	170	-180	170	107.5	115	120	120	290	-225	240	-252.5	240	530
E	Mike Hoare	26	M_OR_BPU	74.1	75	0.6947	210	220	225	225	135	142.5	-150	142.5	367.5	250	257.5	265	265	632.5
E	Lucian Luca	30	M_OR_BPU	82.3	82.5	0.6456	215	220	-225	220	150	160	165	165	385	250	260	270	270	655
E	Todd Flanagan-Jones Deadlift only	29	M_OR_BPU	78.8	82.5	0.6646				0				0	0	200	235	-275	235	0
E	Russell Taylor+ Deadlift only	34	M_OR_BPU	81.7	82.5	0.6487	200	215	227.5	227.5	135	142.5	150	150	377.5	240	257.5	275	275	652.5
E	David Todd	34	M_OCR_BPU	82	82.5	0.64715	-245	-245	245	245	152.5	157.5	-162.5	157.5	402.5	280	295	-302.5	295	697.5
E	Callum Lowe	23	M_JR_BPU	65.4	67.5	0.7691	-180	180	-190	180	132.5	-142.5	142.5	142.5	322.5	215	-227.5		215	537.5
E	Rich Willis			50.8		0.9919				0	87.5	92.5	-97.5	92.5	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre nner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score
E	Rich Willis			50.8		0.9919				0	87.5	92.5	-97.5	92.5	0				0	0	0.000
F	Lindsay stevens	52	F_MCR_3_BPU	54.5	56	1.0669	72.5	77.5	-82.5	77.5	32.5	35	-37.5	35	112.5	82.5	87.5	92.5	92.5	205	218.715
F	Shan Passmore	46	F_MCR_2_BPU	58.6	60	1.0065	110	125	135	135	50	57.5	60	60	195	-450	150	155	155	350	352.275
F	Jane Stevenson	42	F_MCR_1_BPU	63.3	67.5	0.94625	120	130	140	140	80	85	-90	85	225	170	-482.5	182.5	182.5	407.5	385.597
F	Rhianon Lovelace	21	F_JCR_BPU	61.6	67.5	0.967	170	185	-490	185	100	105	-407.5	105	290	175	190	-200	190	480	464.160
F	Tom Smith	23	Full Power Classic	115.9	SHW	0.6831	245	260	275	275	145	152.5	160	160	435	290	305	317.5	317.5	752.5	514.033
F	Neha Ainsworth Bench only	25	F_OR_BPU	69.5	75	0.88085				0	80	85	-90	85	0				0	0	0.000
F	Catherine Croydon Bench only	26	F_OR_BPU	69.6	75	0.87995				0	-95	97.5	-400	97.5	0				0	0	0.000
F	Stephanie Taylor	30	F_OEM_BPU	64.7	67.5	0.93	-200	-240	-245	0				0	0				0	0	0.000
F	Nadeem Umar	22	M_JR_BPU	90	90	0.61185	190	-200	200	200	130	145	-455	145	345	230	245	250	250	595	364.051
F	Andrew Murphy	23	M_JES_BPU	99	100	0.5838	285	305	-347.5	305	170	185	-497.5	185	490	235	250	0	250	740	432.012
F	Dan Brunt-Murphy DOBO	23	M_JEM_BPU	98	100	0.58635	270	-290	290	290	-240	-240	210	210	500	-260	260	-275	260	760	445.626
F	Lewis William King	22	M_JCR_BPU	130.3	140	0.54	-282.5	300	-340	300	160	172.5		172.5	472.5	260	275	0	275	747.5	403.650
F	Chris Collins	22	M_JCR_BPU	108.4	110	0.56485	-260	260	275	275	165	175	-480	175	450	260	280	-290	280	730	412.341
F	Tom Hudson	21	M_JCR_BPU	112	125	0.55975	215	230	242.5	242.5	145	160	165	165	407.5	280	-302.5	302.5	302.5	710	397.423
F	Sam Meade	23	M_JCR_BPU	132.3	140	0.53805	320	342.5	-350	342.5	205	215	-222.5	215	557.5	300	310	0	310	867.5	466.758
F	Mathew Wilson Bench Only	21	M_JR_BPU	121.6	125	0.5493				0	-475	185	-495	185	0				0	0	0.000
F	Kurt Mcevansoneya	23	M_JCR_BPU	132.9	140	0.53805	282.5	-302.5	-302.5	282.5	192.5	202.5	-207.5	202.5	485	275			275	760	408.918
F	Charlie Johnson Bench Only	23	M_JR_BPU	110	110	0.5625				0	200	-240	-240	200	0				0	0	0.000