

ABUP and BPU National Championships at Bodypower 2018 11-13 May

Friday 11<sup>th</sup> Platform 1

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Jack Harvey	20	M_J_R_BPU	71.1	75	0.7406		17o	125	135	140		140	4	80	87.5	95	95	235	180	195	-200	195	430
A	Nicholas Grasmeyer	18	M_T3_C_BPU	95.6	100	0.6203		16i	195	205	212.5		212.5	3	120	125	127.5	127.5	340	195	210	225	225	565
A	Mohamed Elsherkisi	18	M_T3_R_BPU	82.4	82.5	0.6704		18o	165	180	195		195	4	130	135		135	330	-200	210	225	225	555
A	Aron Blight	19	M_T3_C_BPU	87.1	90	0.6495		17o	195	200	210		210	3	165	-475	-482.5	165	375	220	235	-242.5	235	610
A	Luke Geary	23	M_J_C_BPU	80.9	82.5	0.6779		17o	190	-205	205		205	3	130	142.5	-450	142.5	347.5	230	-240		230	0
A	Keenan Freer	19	M_T3_C_BPU	81.4	82.5	0.6754		17o	185	-205	205		205	3	120	127.5	132.5	132.5	337.5	235	262.5	-272.5	262.5	600
A	Andrew Murphy	23	M_J_S_BPU	97.6	100	0.6147		19i	-340	310	325		325	4	200	-240	-240	200	525	245	265	275	275	800
A	Pentti Liukkonen DL	23	M_J_M_BPU	96.7	100	0.6172							0					0	0	250	270	-282.5	270	0
A	Samuel Rowland-Jones	20	M_J_C_BPU	81.6	82.5	0.6744		16o	190	202.5	210		210	3	130	135	-440	135	345	260	270	-280	270	615
A	Dominic Hill	21	M_J_C_BPU	119.2	125	0.5758		20i	220	230	-235		230	6	130	140	150	150	380	270	300		300	680
A	Ashley Armstrong	22	M_J_C_BPU	81.4	82.5	0.6754		18o	235	250	257.5		257.5	4	147.5	-457.5	160	160	417.5	270	282.5	-300	282.5	700
A	Leon Holmes	23	M_J_C_BPU	96.4	100	0.618		18o	250	-270	-270		250	4	150	162.5	-470	162.5	412.5	275	305	-340	305	717.5
A	Maciej Rutkowski	22	M_J_R_BPU	88.1	90	0.6455		19o	190				190	3	150	-460	-460	150	340	280	300	-340	300	640
A	jacob holdcroft	20	M_J_R_BPU	116.1	125	0.5796		21o	250	-260	-265		250	5	160	-470	-470	160	410	280	-300		280	690
A	marcus Kay	21	M_J_C_BPU	103.9	110	0.5998		16o	-280	280	-300		280	3	170	-480	180	180	460	280	-300	305	305	765
A	Owain Tobias	23	M_J_C_BPU	88.3	90	0.6447		17i	265	-285	-285		265	3	160	175	-485	175	440	300	325	-330	325	765
A	Luke Harrison	23	M_J_C_BPU	99	100	0.6111		19o	280	-300	300		300	4	200	-240	-240	200	500	300	320	327.5	327.5	827.5
A	David Gibson BP	51	M_M3_S_BPU	83	90	0.6675							0	4	130	140		140	0				0	0
A	David Gibson BP	51	M_M3_R_BPU	83.2	90	0.6666							0	4	135			0	0				0	0
A	David Wilson	19	M_T3_R_BPU	89	90	0.6421			0				0	3	180	187.5	-492.5	187.5	0				0	0
A	Nico Duffield	23	M_J_C_BPU	116.7	125	0.5788		20i	-340	-340	-340		0	4	-485	0		0	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Paul Barnes	49	M_M1_C_BPU	74.9	75	0.7132		16o	140	-150	-150		140	3	100	-105		100	240	190	200	-202.5	200	440
B	John cook	40	M_M1_R_BPU	88.3	90	0.6447		19o	155	165	-172.5		165	3	85	92.5	95	95	260	190	200	205	205	465
B	Daniel Mann	43	M_M1_C_BPU	85.2	90	0.6575		17o	180	200	-210		200	3	110	130		130	330	200	220	230	230	560
B	Danny Bassett	42	M_M1_R_BPU	74	75	0.7193		16o	145	-165	-165		145	4	-75	75	85	85	230	210	220	-232.5	220	450
B	Jan Puhlovsky	40	M_M1_C_BPU	119.7	125	0.5753		20i	215	245	-260		245	5	170	192.5	-207.5	192.5	437.5	210			210	647.5
B	William Mcneil	40	M_M1_C_BPU	106.1	110	0.5954		18	-180	-180	180		180	5	-160	160	180	180	360	220	240	-255	240	600
B	Stephen Knight	44	M_M1_R_BPU	103.1	110	0.6015		17i	220	235	245		245	3	170	180	185	185	430	230	250	270	270	700
B	Greg Marcou	42	M_M1_C_BPU	80.7	82.5	0.679		18i	220	-230	-230		220	4	145	152.5		152.5	372.5	250	255	260	260	632.5
B	Darryl Triance	41	M_M1_R_BPU	88.5	90	0.644		16o	185	200	210		210	4	135	-145	145	145	355	250	265	-272.5	265	620
B	Paul Murphy	49	M_M2_S_BPU	87.5	90	0.6479		15i	-290	290	310		310	3	-150	-150	150	150	460	275	295	-305	295	755
B	Darren Hammond	46	M_M2_R_BPU	106.7	110	0.5943		20o	220	-235	-235		220	5	135	145	-155	145	365	280	-300		280	645
B	Phil Watkins DL	49	M_M2_S_BPU	89.4	90	0.6406							0					0	0	280	302.5		302.5	0
B	Darren McCormac	41	M_M1_C_BPU	131	140	0.5648		20i	260	-280			260	5	190	202.5	-210	202.5	462.5	340	360	-380	360	822.5
B	Neil Stewart BP	41	M_M1_M_BPU	106.3	110	0.595							0	4	200	-207.5	-207.5	200	0				0	0
B	David Morris BP	47	M_M1_R_BPU	161.7	SHW	0.5474							0	5	200	220	230	230	0				0	0
B	rob preston BP	49	M_M2_S_BPU	96.7	100	0.6172							0	3	-250	250	-260	250	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Colin Ardron	73	M_M7_R_ABPU	65.8	67.5	0.7872		17	75	80	85		85	4	55	60	-62.5	60	145	95	100	105	105	250
C	Ray Hunter	70	M_M7_R_ABPU	96.9	100	0.6166		20i	70	-80	92.5		92.5	5	-55	57.5	-60	57.5	150	135	150	-157.5	150	300
C	Slawomir Kaleta	63	M_M6_R_BPU	72.4	75	0.7307		14o	120	140	-160		140	4	90	-400	-400	90	230	-160	170	-192.5	170	0
C	Kevin Smith	54	M_M3_C_BPU	86.4	90	0.6523		19i	135	145	150		150	4	105	115	120	120	270	170	190	200	200	470
C	Rob Todd	72	M_M7_C_BPU	105.9	110	0.5958		18o	150	160	170		170	4	90	100	110	110	280	180	190	200	200	480
C	David Pennington	51	M_M3_R_BPU	106.3	110	0.595							0	5	180	187.5	-192.5	187.5	0	220	235	240	240	0
C	Tony Chilcott	51	M_M3_S_BPU	73.2	75	0.7249		13o	250	260	-265		260	3	-150	150	155	155	415	230	240	-250	240	655
C	Tom McMurtrie	50	M_M3_R_BPU	116.7	125	0.5788		20o	185	200	210		210	5	140			140	350	240	255	262.5	262.5	612.5
C	Rik Davison BP DL	57	M_M4_R_BPU	94.8	100	0.6226							0	4	155	165	-175	165	0	255	-270	-270	255	0
C	Paul Weller	53	M_M3_C_BPU	121.5	125	0.5733		19i	185	200	220		220	4	145	152.5	157.5	157.5	377.5	245	260	-275	260	637.5
C	Terry Short	51	M_M3_R_BPU	95.6	100	0.6203		18o	215	-227.5	227.5		227.5	5	110	115	120	120	347.5	255	270	275	275	0
C	Don Coates	57	M_M4_C_BPU	97.8	100	0.6142		17o	220	230	240		240	4	160	172.5	180	180	420	250	270	280	280	700
C	W J Ashton	65	M_M6_R_ABPU	80.7	82.5	0.679		17o	110	120	125		125	4	80	90	-92.5	90	215	170	-175		170	0
C	Jeremy Cope	50	M_M3_C_BPU	86.8	90	0.6507		17o	220	-230	230		230	4	145	150	155	155	385	230	-250		230	615
C	John Millar DL	52	M_M3_R_BPU	99	100	0.6111							0					0	0	-155			0	0
C	Pat Kelly	53	M_M2_C_BPU	88.4	90	0.6444		18i	140	165	175		175	4	-440	-440	-440	0	0				0	0
C	David Gibson BP	51	M_M3_S_BPU	83	90	0.6675							0	4	150	160	172.5	172.5	0				0	0
C	Chris Apark BP	51	M_M3_R_BPU	114.5	125	0.5817							0	4	130	140	145	145	0				0	0
C	John Gilmer BP	53	M_M3_R_BPU	87.5	90	0.6479							0	4	135	145	-155	145	0				0	0
C	Paul Edmonds BP	57	M_M4_R_BPU	123.5	125	0.5713							0	4	205	215	-220	215	0				0	0
C	Kevin Maher BP	56	M_M4_M_BPU	108.9	110	0.5903							0	4	205	217.5	227.5	227.5	0				0	0

PLATFORM 2

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wlks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Valerija Aliochina	22	F_J_R_ABPU	55.5	56	1.1849		15o	72.5	-80	-80		72.5	3	47.5	52.5	55	55	127.5	85	90	-95	90	217.5
A	Caomie Ludgate	21	F_J_R_ABPU	59	60	1.1295		15	75	85	-92.5		85	3	50	52.5	-57.5	52.5	137.5	90	-400	105	105	242.5
A	Jodie Davies BP	22	F_J_R_ABPU	50.1	52	1.2827		11o	77.5	82.5	85		85	3	50	55	57.5	57.5	142.5	90	-442.5	-422.5	90	232.5
A	Iwona Gibas	19	F_T3_C_ABPU	57.8	60	1.1478		15	95	100	102.5		102.5	3	50	52.5		52.5	155	95	102.5	105	105	260
A	Judith Credland	23	F_J_C_ABPU	55.3	56	1.1883		15o	30	40	50		50	3	25	30	-35	30	80	95	105	-440	105	185
A	Charlotte Brass	20	F_J_R_ABPU	73	75	0.9672		16	77.5	82.5	87.5		87.5	2	45	47.5	-50	47.5	135	95	105	115	115	250
A	Jade Medhurst	16	F_T2_C_BPU	67.5	67.5	1.0206		14o	80	85	-90		85	2	40	-42.5	-42.5	40	125	115	120	125	125	250
A	Gwennan Evans	21	F_J_R_ABPU	70.4	75	0.991		16i	100	110	-420		110	3	50	55	60	60	170	115	125	130	130	300
A	Jessica Pallot	22	F_J_R_ABPU	59	60	1.1295		15	90	-400	105		105	0	62.5	-67.5	67.5	67.5	172.5	120	130	132.5	132.5	305
A	Nigel Orme	57	M_M4_C_ABPU	70.4	75	0.7461		16i	75	85	90		90	3	75	80	-87.5	80	170	130	140	145	145	315
A	Peter Hayden	55	M_M4_R_ABPU	92.3	100	0.6305		17o	120	130	140		140	4	90	100	-440	100	240	180	190	200	200	440
A	Andrew Kuttner	62	M_M5_R_ABPU	94	100	0.625							0					0	0	190	210	230	230	0
A	Richard Kemp	57	M_M4_R_ABPU	89.5	90	0.6402		18o	130	145			145	4	85	-402.5	-402.5	85	230	200	220	-225	220	450
A	Eric Conway	55	M_M4_R_ABPU	89.1	90	0.6417		17o	165	175	182.5		182.5	4	115	120	-422.5	120	302.5	215	225	232.5	232.5	535
A	Andrew Moyler	56	M_M4_R_ABPU	97.4	100	0.6152		17o	175	190	205		205	4	125	135	-140	135	340	235	250	-255	250	590
A	Dana Smith BP	19	F_T3_R_ABPU	59.9	60	1.1163							0	1	52.5	57.5	-62.5	57.5	0				0	0

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B	Paul Baker	46	M_M2_R_ABPU	95.3	100	0.6211		22o	90	97.5	105		105	5	60	65	<del>67.5</del>	65	170	140	150	157.5	157.5	327.5
B	John Miller		M_M3_R_ABPU	99	100	0.6111		15o					0	3				0	0	155	170	182.5	182.5	0
B	Martin Hewlett	54	M_M3_R_ABPU	74.9	75	0.7132		18i	130	135			135	4	110	<del>115</del>		110	245	160	180	<del>205</del>	180	425
B	Robert WorthingtonBP DL	52	M_M3_R_ABPU	88.8	90	0.6428		16o	160	165	170		170	4	120	127.5	130	130	300	165	182.5	187.5	187.5	487.5
B	Munsoor Mohammed	49	M_M2_C_ABPU	81.7	82.5	0.6739		18o	<del>160</del>	160	<del>175</del>		160	4	105	110	115	115	275	180	190	<del>200</del>	190	465
B	Antony Roscoe DL	46	M_M2_C_ABPU	81.8	82.5	0.6734		17	<del>160</del>	165	<del>175</del>		165	3	90	105	<del>110</del>	105	270	180	210	<del>230</del>	210	480
B	Stephen Jefferies	47	M_M2_C_ABPU	66.6	67.5	0.7794		15o	170	0	180		180	4	115	120	122.5	122.5	302.5	190	200	202.5	202.5	505
B	Jan Hitchcock	51	M_M3_R_ABPU	97.8	100	0.6142		15i	200	210	220		220	3p	165	175	<del>185</del>	175	395	190	205	215	215	610
B	Darrell Swift	46	M_M2_C_ABPU	72.1	75	0.733		15o	170	185	<del>192.5</del>		185	3	95	102.5	107.5	107.5	292.5	195	207.5	<del>215</del>	207.5	500
B	Richard Baker	48	M_M2_C_ABPU	105.9	110	0.5958		19o	185	200	207.5		207.5	4	135	142.5	<del>147.5</del>	142.5	350	205	222.5	230	230	580
B	Adrian Phillips	54	M_M3_S_ABPU	95.4	100	0.6209		17i	200	215	<del>225</del>		215	3	130	<del>137.5</del>	<del>137.5</del>	130	345	220	230	240	240	585
B	Ben Algar	41	M_M1_C_ABPU	116.3	125	0.5793		21o	225	240	250		250	5	110	115	<del>120</del>	115	365	225	240	245	245	610
B	Johnny Wade	49	M_M2_C_ABPU	89.7	90	0.6395		17o	175	187.5	<del>192.5</del>		187.5	4	130	135	<del>140</del>	135	322.5	230	240	<del>250</del>	240	562.5
B	Mark Lawford	44	M_M1_C_ABPU	120.4	125	0.5745		21o	215	230	235		235	5	187.5	200	<del>202.5</del>	200	435	230	250	<del>260</del>	250	685
B	John Devlin	47	M_M2_R_ABPU	98	100	0.6136		18	210	225	230		230	4	135	145	150	150	380	240	262.5	<del>270</del>	262.5	642.5
B	Lee Mortimer	40	M_M1_R_ABPU	132.5	140	0.5637							0	4	200	220	232.5	232.5	0	250	282.5		282.5	0
B	Steve Thresher	41	M_M1_R_ABPU	107.8	110	0.5923		18o	210	225	230		230	4	140	<del>147.5</del>	<del>147.5</del>	140	370	260	280	292.5	292.5	662.5
B	Sam Watt	47	M_M2_C_ABPU	107.3	110	0.5932		21o	280	305	320		320	4	170	185	187.5	187.5	507.5	280	<del>300</del>		280	787.5
B	Richard Willis BP	49	M_M2_R_ABPU	50.6	52	1.0101							0	0	<del>107.5</del>	107.5	110	110	0				0	0
B	Paul Morgan BP	44	M_M1_S_ABPU	98.7	100	0.6118							0	3	230	<del>240</del>	<del>240</del>	230	0				0	0

Flt C	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Marcin Kaleta	40	M_M1_C_ABPU	85.7	90	0.6553		16o	150	165	180		180	2	95	110	-120	110	290	160	180	200	200	490
C	Dan Routledge	22	M_J_R_ABPU	74.8	75	0.7139		16o	155	165	-170		165	4	85	90	-95	90	255	180	-190	-190	180	435
C	Calum Hunter	20	M_J_R_ABPU	72.8	75	0.7278		16o	140	150	-155		150	4	90	-100	-100	90	240	190	200	-207.5	200	440
C	Harry Sheader	21	M_J_R_ABPU	65.4	67.5	0.7911							0	3	110	117.5	-127.5	117.5	0	190	200	215	215	0
C	Bradley Nortcliffe	22	M_J_C_ABPU	59.5	60	0.8594		16o	165	172.5	180		180	3	115	120	-125	120	300	195	207.5	212.5	212.5	512.5
C	James Martin	22	M_J_C_ABPU	87.9	90	0.6463		19	175	190	-200		190	4	115	122.5	127.5	127.5	317.5	200	210	222.5	222.5	540
C	Christian Sharp	22	M_J_R_ABPU	72.6	75	0.7293		16o	145	155	165		165	3	107.5	115	120	120	285	205	212.5	220	220	505
C	Jamie Routledge	20	M_J_R_ABPU	79.7	82.5	0.6843		16o	160	170	180		180	3	100	105	110	110	290	205	215	225	225	515
C	Chris Jennings	23	M_J_C_ABPU	65.9	67.5	0.7862		16o	170	180	182.5		182.5	3	115	122.5	127.5	127.5	310	205	215	225	225	535
C	Joe Bastin	20	M_J_R_ABPU	73.7	75	0.7214		19o	140	155	170		170	4	100	107.5	110	110	280	-210	-220	227.5	227.5	507.5
C	Tom Bartholomew	23	M_J_C_ABPU	93.8	100	0.6257		19	200	210	220		220	4	120	135	140	140	360	210	225	240	240	600
C	edward holt	23	M_J_C_ABPU	102.2	110	0.6035		21i	210	230	240		240	4	135	145	150	150	390	210	230	240	240	630
C	Ben Karaosman	21	M_J_S_ABPU	120.6	125	0.5743		15i	275	290	300		300	3	-180	185	190	#REF!	#REF!	220	240	250	250	#REF!
C	Allen Davis	20	M_J_R_ABPU	127.6	140	0.5675							0					0	0	260	280	300	300	0
C	Edwin Bosse	23	M_J_R_ABPU	115.3	125	0.5806		21o	220	-240	240		240	5	140	150	-155	150	390	270	280	290	290	680

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
D	Brandon Morgan	15	M_T2_R_ABPU	62.5	67.5	0.8223		18o	80	90	-400		90	4	50	60	-65	60	150	90	107.5	115	115	265
D	Eddie Thorpe	13	M_T1_R_ABPU	77.5	82.5	0.6969		18	90	100	107.5		107.5	4	47.5	52.5	57.5	57.5	165	120	135	140	140	305
D	Mikey Newby	14	M_T1_R_ABPU	78	82.5	0.6939		17	97.5	105	110		110	4	55	62.5	-65	62.5	172.5	-150	157.5	-460	157.5	330
D	Kiyan Tavanaie	19	M_T3_R_ABPU	59	60	0.8662		15o	130	135	140		140	3	95	97.5	-400	97.5	237.5	160	170	177.5	177.5	415
D	james Knight	18	M_T3_R_ABPU	90	90	0.6384		16o	125	135	145		145	3	120	-430	132.5	132.5	277.5	175	185	190	190	467.5
D	Sam Picknett	19	M_T3_R_ABPU	108	110	0.5919		18i	110	130	145		145	4	85	90	95	95	240	170	185	200	200	440
D	Connor Evans	16	M_T2_C_ABPU	81.4	82.5	0.6754		19	160	170	-480		170	5	100	-412.5	-412.5	100	270	170	185	200	200	470
D	Darius Stagner	17	M_T2_C_ABPU	87.8	90	0.6467		19	167.5	177.5	185		185	4	97.5	105	107.5	107.5	292.5	190	200	-207.5	200	492.5
D	Alex Thompson-Carse	16	M_T2_R_ABPU	85.2	90	0.6575		20	-430	150	165		165	4	85	95	-405	95	260	175	200	210	210	470
D	Shane Gwyther	17	M_T2_R_ABPU	78.1	82.5	0.6933							0					0	0	195	222.5	-230	222.5	0
D	Tyler White	19	M_T3_R_ABPU	85.5	90	0.6562		19	160	-480	-480		160	4	110	120	-425	120	280	210	220	-232.5	220	500
D	Freddie Isherwood	18	M_T3_C_ABPU	87.2	90	0.6491		20	210	222.5	227.5		227.5	3	100	105	-440	105	332.5	220	235	250	250	582.5
D	morgan williams BP	16	M_T2_R_ABPU	51.8	52	0.9853							0	3	75	80	-87.5	80	0				0	0

Saturday 12<sup>th</sup> May

PLATFORM 1

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Tamara Cook	44	F_M1_C_ABPU	50.9	52	1.2673		130	70	80	82.5		82.5	2	45	50	52.5	52.5	135	70	82.5	87.5	87.5	222.5
A	Hanna Clews	28	F_O_C_ABPU	49	52	1.3043		160	77.5	82.5	-87.5		82.5	2	47.5	52.5	-55	52.5	135	80	85	90	90	225
A	Sue Chatton	49	F_M2_R_ABPU	47.1	48	1.3428		14	55	60	-65		60	2	40	42.5	-45	42.5	102.5	80	90	95	95	197.5
A	Amelia Lang DL FP	29	F_O_R_ABPU	47.5	48	1.3346		130	62.5	67.5	-75		67.5	2p	40	-42.5	42.5	42.5	110	85	-95	95	95	205
A	Sarah Stainer DL	33	F_O_R_ABPU	45.3	48	1.3804		140					0					0	0	90	95	-400	95	0
A	Aneela Rose	46	F_M2_C_ABPU	52.9	56	1.2302		14	75	80	85		85	2	45	-50	50	50	135	90	100	107.5	107.5	242.5
A	Jane Davies	49	F_M2_S_ABPU	54.8	56	1.1967		150	80	90	95		95	2	45	52.5	-65	52.5	147.5	100	120	-435	120	267.5
A	Georgina Hodson DL	31	F_O_R_ABPU	51.5	52	1.256							0					0	0	102.5	115	125	125	0
A	Hollie Pearson	29	F_O_C_ABPU	55.1	56	1.1916		130	82.5	90	95		95	2	42.5	47.5	-52.5	47.5	142.5	110	120	127.5	127.5	270
A	Odette Smaldon DL FP	24	F_O_R_ABPU	47.5	48	1.3346		15	75	80	-82.5		80	2	37.5	40	-42.5	40	120	110	122.5	130	130	250
A	Katrina Allwood	47	F_M2_R_ABPU	54.1	56	1.2088		150	75	80	85		85	3	42.5	47.5	-50	47.5	132.5	112.5	-422.5	122.5	122.5	255
A	Lexy Cattermole	38	F_O_C_ABPU	50.8	52	1.2692		160	77.5	85	-90		85	2	47.5	52.5	-57.5	52.5	137.5	117.5	-427.5	127.5	127.5	265
A	Laura Manca	28	F_O_C_ABPU	55.9	56	1.1783		14	120	130	-440		130	2	50	55	57.5	57.5	187.5	120	130	-435	130	317.5
A	Bota Cork	37	F_O_R_ABPU	50.9	52	1.2673		110	82.5	90	95		95	2	47.5	-52.5	-52.5	47.5	142.5	122.5	130	137.5	137.5	280
A	Alice Munks	30	F_O_C_ABPU	55.5	56	1.1849		150	105	115	120		120	1	47.5	50	52.5	52.5	172.5	125	135	140	140	312.5
A	Charlotte Taylor	28	F_O_R_ABPU	55.2	56	1.19		150	92.5	100	-102.5		100	3	52.5	57.5	-60	57.5	157.5	125	135	145	145	302.5
A	Cheryl Stanley	28	F_O_R_ABPU	55.1	56	1.1916		130	107.5	115	-122.5		115	1	55	57.5	62.5	62.5	177.5	127.5	137.5	-447.5	137.5	315
A	Beckie Hebson	34	F_O_R_ABPU	55.2	56	1.19		13	105	115	120		120	2	57.5	62.5	-67.5	62.5	182.5	140	-452.5	-452.5	140	322.5



Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Shauna O'Brien	28	F_O_R_ABPU	58.1	60	1.1432		140	-75	-75	75		75	2	42.5	47.5	50	50	125	95	105	112.5	112.5	237.5
B	Bernie Quinn	51	F_M3_R_ABPU	58.6	60	1.1355		160	57.5	60	62.5		62.5	3	37.5	-42.5	-42.5	37.5	100	100	110	115	115	215
B	Melanie Cuff	45	F_M2_R_ABPU	59.5	60	1.1221		140	65	75	-82.5		75	2	35	40	-42.5	40	115	100	107.5		107.5	222.5
B	Vikki Thomas	38	F_O_R_ABPU	59.2	60	1.1266		130	75	-80	80		80	2p	42.5	45	-47.5	45	125	102.5	107.5	110	110	235
B	Munira Patel	31	F_O_C_ABPU	59.2	60	1.1266		160	80	92.5	-95		92.5	2	42.5	47.5	50	50	142.5	115	120	125	125	267.5
B	Amanda Cunliffe	49	F_M2_C_ABPU	58.7	60	1.134		160	95	100	-105		100	2	47.5	50	52.5	52.5	152.5	115	122.5	-427.5	122.5	275
B	Hannah Holmes	28	F_O_R_ABPU	60	60	1.1149		160	85	92.5	95		95	3	47.5	52.5	55	55	150	117.5	122.5	-425	122.5	272.5
B	Nicola Swain	40	F_M1_C_ABPU	57.8	60	1.1478		160	95	105	110		110	3	57.5	62.5	-65	62.5	172.5	120	130	140	140	312.5
B	Yvette Wilmot	35	F_O_R_ABPU	59.7	60	1.1192		14	75	85	90		90	3	50	55	57.5	57.5	147.5	125	135	-440	135	282.5
B	Kitsten Ligget	23	F_O_R_ABPU	59	60	1.1295		130	105	115	120		120	2	60	65	-67.5	65	185	130	140	-450	140	325
B	Alison Hough	52	F_M3_S_ABPU	59.1	60	1.1281		130	125	140	150		150	1	85	95	100	100	250	130	145	-450	145	395
B	Vicky Ellis BP DL	38	F_O_R_ABPU	58.4	60	1.1386			-55				0	3	55	60	62.5	62.5	0	132.5	140	145	145	0
B	Hannah Anderson	33	F_O_C_ABPU	59.3	60	1.1251		160	125	-135	135		135	3	60	-65	70	70	205	140	150	160	160	365
B	Amy Lockley	26	F_O_C_ABPU	59.3	60	1.1251		160	120	127.5	132.5		132.5	3	60	67.5	-70	67.5	200	140	150	-460	150	350
B	carly lawes	32	F_O_R_ABPU	58.5	60	1.1371		15	117.5	120	-125		120	2	65	67.5	-70	67.5	187.5	150	155	162.5	162.5	350
B	Shan Passmore	47	F_M2_C_ABPU	56.5	60	1.1684		150	120	130	-440		130	2	55	-60	-60	55	185	155	160	-465	160	345
B	Leanne Pearson BP	31	F_O_R_ABPU	56.4	60	1.1701							0	1	40	47.5	-52.5	47.5	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wlks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Chloe Price	24	F_O_R_ABPU	64.8	67.5	1.0515		14o	105	112.5	-420		112.5	2	50	55	-60	55	167.5	90	100	105	105	272.5
C	Christine Scragg DL	52	F_M3_R_ABPU	65.9	67.5	1.0385							0					0	0	90	100	107.5	107.5	0
C	Bev Johnson FPDLP	53	F_M3_R_ABPU	65.4	67.5	1.0444		15	62.5	67.5	72.5		72.5	3	45	47.5	52.5	52.5	125	90	100	-440	100	225
C	Gemma Lucas FPDLP	35	F_O_R_ABPU	65.2	67.5	1.0467		16i	70	77.5	-82.5		77.5	3	42.5	45	47.5	47.5	125	95	105	-442.5	105	230
C	Marie-Anne Thomas	32	F_O_C_ABPU	66.5	67.5	1.0317		17	100	110	-445		110	2	45	47.5	50	50	160	100	110	-420	110	270
C	Chantelle Brady	36	F_O_R_ABPU	65.8	67.5	1.0397		15	70	75	77.5		77.5	3	32.5	-37.5		32.5	110	110	130	132.5	132.5	242.5
C	Lisa Hall	45	F_M2_R_ABPU	65.6	67.5	1.042		18	75	85	90		90	3	52.5	55	57.5	57.5	147.5	115	125	130	130	277.5
C	nasrin sadeghi	31	F_O_R_ABPU	66.1	67.5	1.0362		15o	97.5	107.5	-445		107.5	2	55	57.5	-60	57.5	165	115	130	137.5	137.5	302.5
C	Lucinda Stansfield	29	F_O_R_ABPU	67.1	67.5	1.025		15o	107.5	117.5	127.5		127.5	1	55	60	-62.5	60	187.5	120	140	-450	140	327.5
C	Diana Chimhundu	53	F_M3_R_ABPU	66.4	67.5	1.0328		15o	85	90	92.5		92.5	3	40	45	50	50	142.5	125	130	135	135	277.5
C	Amanda Hillary	31	F_O_C_ABPU	67	67.5	1.0261		15o	140	150	155		155	1	60	65	-67.5	65	220	125	132.5	140	140	360
C	Faith Steer	25	F_O_R_ABPU	64.2	67.5	1.0588		16o	97.5	102.5	110		110	3	45	-50	-50	45	155	130	140	150	150	305
C	Kate Skelley	29	F_O_C_ABPU	64.3	67.5	1.0576		17	95	102.5	107.5		107.5	3	52.5	57.5	60	60	167.5	130	140	150	150	317.5
C	Linda Hicks	56	F_M4_S_ABPU	67.2	67.5	1.0239		15o	110	120	-430		120	3	85	90	-95	90	210	130	140	-450	140	350
C	Samantha Vickers		F_O_R_ABPU	67.3	67.5	1.0228		14o	105	-445	-445		105	3	60	67.5	-70	67.5	172.5	135	145	-455	145	317.5
C	Lucy Glover	27	F_O_R_ABPU	66.1	67.5	1.0362		16o	122.5	127.5	130		130	3	72.5	77.5	80	80	210	140	145	-452.5	145	355
C	Donna Phillips	29	F_O_C_ABPU	66.3	67.5	1.0339		16o	120	127.5	130		130	2	65	70	75	75	205	140	147.5	155	155	360
C	Laura Smith	36	F_O_R_ABPU	67.2	67.5	1.0239		15o	112.5	120	127.5		127.5	2	62.5	67.5	-72.5	67.5	195	140	150	155	155	350
C	Joanna Halliday	43	F_M1_C_ABPU	65.1	67.5	1.0479		16o	120	130	140		140	3	80	85	-87.5	85	225	140	155	162.5	162.5	387.5
C	Alexandra Blohm	28	F_O_R_ABPU	66.4	67.5	1.0328		16o	117.5	122.5	130		130	3	55	60	-65	60	190	150	160	165	165	355
C	Anjanita Baker	43	F_M1_C_ABPU	67.4	67.5	1.0217		15o	120	130	137.5		137.5	3	70	75	-77.5	75	212.5	150	160	-470	160	372.5
C	Zsuzsanna Nagyne Toth	30	F_O_C_ABPU	66.1	67.5	1.0362		16o	150	160	167.5		167.5	3	65	70	72.5	72.5	240	155	-470	170	170	410
C	Amanda Gisby	36	F_O_C_ABPU	64	67.5	1.0613		12o	140	150	160		160	3	60	65	-67.5	65	225	160	-470	170	170	395

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
D	Gillian Millward	37	F_O_R_ABPU	73.8	75	0.9604		150	75	-85	-90		75	3	45	47.5	-50	47.5	122.5	95	105	115	115	237.5
D	Patricia Wetton	55	F_M4_R_ABPU	73.7	75	0.9613		130	90	95	100		100	2	60	62.5	-67.5	62.5	162.5	120	125	130	130	292.5
D	Kerri Morris	27	F_O_R_ABPU	69.5	75	0.9998		160	90	100	105		105	3	45	-50	-50	45	150	110	122.5	130	130	280
D	Brett Richmond	28	F_O_R_ABPU	73.92	75	0.9596		150	-90	90	-105		90	4	60	-65	-65	60	150	115	125	-135	125	275
D	Claire Comiskey	35	F_O_R_ABPU	69.3	75	1.0018		15	80	85	92.5		92.5	2	45	47.5	-50	47.5	140	120	127.5	135	135	275
D	Lisa Johnston M2 and OPEN FPD	45	F_M2_R_ABPU	73.3	75	0.9646		140	-90	90	100		100	2	52.5	57.5	-60	57.5	157.5	120	130	135	135	292.5
D	Vanessa Develter	25	F_O_R_ABPU	74	75	0.9587		18	87.5	95	102.5		102.5	3	50	55	-57.5	55	157.5	125	135	142.5	142.5	300
D	Scarlett Portues	26	F_O_C_ABPU	74	75	0.9587		160	145	152.5	-157.5		152.5	2	75	80	-85	80	232.5	125	135	-142.5	135	367.5
D	Sarah Lees	36	F_O_R_ABPU	73.3	75	0.9646		170	77.5	-85	-90		77.5	3	45	47.5	50	50	127.5	125	137.5	-142.5	137.5	265
D	Fran Loughlin	39	F_O_R_ABPU	73.1	75	0.9663		150	110	117.5	-120		117.5	2	65	70	-75	70	187.5	130	140	145	145	332.5
D	TJ Hill	33	F_O_C_ABPU	74.9	75	0.9514		160	125	130	-135		130	3	60	62.5	-65	62.5	192.5	130	140	145	145	337.5
D	Caroline Blake	29	F_O_R_ABPU	75	75	0.9506		160	80	85	95		95	3	50	57.5	-62.5	57.5	152.5	125	140	147.5	147.5	300
D	Sainabou Joof	25	F_O_C_ABPU	74.3	75	0.9563		17	102.5	112.5	-117.5		112.5	3	42.5	47.5	-52.5	47.5	160	135	145	155	155	315
D	Fay Northcott	25	F_O_C_ABPU	73.8	75	0.9604		160	125	135	140		140	2	60	-65	65	65	205	155	-165	165	165	370
D	Gemma Wright	25	F_O_C_ABPU	74.4	75	0.9555		160	-152.5	-162.5	162.5		162.5	2	67.5	72.5	75	75	237.5	155	162.5	172.5	172.5	410
D	Szilvia Kiraly	32	F_O_R_ABPU	72.4	75	0.9725		170	-140	-140	140		140	3	82.5	87.5	92.5	92.5	232.5	165	170	177.5	177.5	410

Saturday

PLATFORM 2

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Valerie Tinker	58	F_M4_C_ABPU	77	82.5	0.9354		14	65	-75	75		75	1	47.5	-50	-50	47.5	122.5	107.5	117.5	-430	117.5	0
A	Melanie Cowen	51	F_M3_R_ABPU	88.9	90	0.8686		17	90	100	-402.5		100	4	40	-45	-45	40	140	110	120	-422.5	120	260
A	Cleary Clifford	42	F_M1_C_ABPU	76.2	82.5	0.9414		16o	90	-400	-400		90	3	45	47.5	50	50	140	120	-427.5	-427.5	120	0
A	Jane Boyd FP BP	36	F_O_R_ABPU	81.8	82.5	0.904		19	95	105	110		110	3	72.5	-77.5	80	80	190	125	130	-435	130	320
A	Kellee Thomas-Plummer	32	F_O_C_ABPU	76.5	82.5	0.9391		15	110	115	-420		115	2	-55	-55	55	55	170	125	135	-442.5	135	305
A	Maureen Proctor	51	F_M3_C_ABPU	88.8	90	0.869		15	105	115	-425		115	2	65	70	-72.5	70	185	130	135	145	130	315
A	Kerrie Price	24	F_O_C_ABPU	80.1	82.5	0.9144		15o	105	115	-420		115	2	45	55	-57.5	55	170	130	150	-455	130	300
A	Geni Devonish FP BPD	43	F_M1_R_ABPU	88.1	90	0.872		13	115	120	125		125	1	70	-75	-75	70	195	135	140	142.5	140	335
A	Lana Evans	26	F_O_C_ABPU	80.9	82.5	0.9094		13	150	160	167.5		167.5	2	62.5	67.5	70	70	237.5	135	-442.5	142.5	142.5	380
A	Tracy Johnson	43	F_M1_C_ABPU	83	90	0.8972		14o	80	95	120		120	4	55	60	-62.5	60	180	140	150	-455	150	330
A	Simone Kupisz	27	F_O_C_ABPU	82	82.5	0.9028		14	145	155	-465		155	2	90	-97.5	-97.5	90	245	140	150	155	155	0
A	Joanna Jack	40	F_M1_R_ABPU	88.3	90	0.8711		15	125	132.5	137.5		137.5	3	65	70	-72.5	70	207.5	140	150	-457.5	150	357.5
A	Ann Votsikas	53	F_M3_R_ABPU	81.1	82.5	0.9082		17	87.5	95	97.5		97.5	2	57.5	62.5	65	65	162.5	142.5	150	-455	150	312.5
A	Nicola Carthy	38	F_O_R_ABPU	78.8	82.5	0.9229		18	92.5	105	110		110	4	65	70	-72.5	70	180	150	157.5	162.5	162.5	342.5
A	Karla Frater	56	F_M4_R_ABPU	87.1	90	0.8765		17	100	110	-445		110	4	45	47.5	-50	47.5	157.5	150	162.5	-470	162.5	320
A	Leama Lee	32	F_O_C_ABPU	80.8	82.5	0.91		14	160	167.5	170		170	0	85	-90	-90	85	255	155	165	-470	165	0
A	Elizabeth Webb	29	F_O_R_ABPU	87.5	90	0.8746		19	110	-442.5	-442.5		110	4	55	-60	-60	55	165	155	165	-472.5	165	330
A	Lisa Bulcock	29	F_O_C_ABPU	88.6	90	0.8698		15	185	195	200		200	3p	80	85	-90	85	285	165	175	-490	175	460
A	Bernadette Cuninghame	39	F_O_C_ABPU	86.9	90	0.8774		16	155	165	172.5		172.5	4	102.5	107.5	110	110	282.5	170	177.5	187.5	187.5	470

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Lindsay Stevens	52	F_M3_C_BPU	55.4	56	1.1866		15o	75	80	85		85	3	35	37.5	40	40	125	87.5	95	-400	95	220
B	Sandra Fitzpatrick	58	F_M4_R_BPU	81.3	82.5	0.907		16	-60	60	65		65	2	35	40	-45	40	105	90	100	105	105	210
B	Jessica Lane	26	F_O_C_BPU	51.7	52	1.2522		16	80	-85	85		85	2	40	45	-47.5	45	130	107.5	112.5	-117.5	112.5	242.5
B	Audra Corbett	50	F_M3_R_BPU	71.1	75	0.9843		17	90	100	105		105	2	65	70	75	75	180	110	120	130	130	310
B	Vicki Hight	29	F_O_R_ABPU	135.6	SHW	0.7822		16	100	-140	110		110	3p	-67.5	67.5	-80	67.5	177.5	110	125	135	135	312.5
B	Sophie Viner	24	F_O_R_ABPU	102.5	SHW	0.8268		18o	-90	90	100		100	4	47.5	-52.5	-52.5	47.5	147.5	120	-130	130	130	277.5
B	Sherie Reed	37	F_O_C_ABPU	99.9	SHW	0.8328		14	110	115	130		130	3	60	62.5	65	65	195	120	130	140	140	335
B	Carol Hughes	41	F_M1_C_ABPU	121.1	SHW	0.7984		13o	145	155	-165		155	1p	65	72.5	77.5	77.5	232.5	-430	130	135	135	367.5
B	Catherine Croydon	27	F_O_C_BPU	77.8	82.5	0.9297		12o	140	-160	160		160	1p	110	120	122.5	122.5	282.5	140	160	-480	160	442.5
B	Kadie Crichton	25	F_O_C_ABPU	114.6	SHW	0.8064		19o	145	155	165		165	3	65	70	72.5	72.5	237.5	145	155	165	165	402.5
B	Steevi Pugh	28	F_O_C_ABPU	101.2	SHW	0.8297		18	170	182.5	187.5		187.5	3	70	75	77.5	77.5	265	147.5	157.5	-162.5	157.5	422.5
B	Kerry Fannon	41	F_M1_R_ABPU	111.3	SHW	0.8111		15o	115	125	130		130	4	45	50	52.5	52.5	182.5	150	162.5	-170	162.5	345
B	Laura Parker	30	F_O_R_ABPU	108.1	SHW	0.8161		15o	145	155	165		165	2	87.5	95	100	100	265	160	175	185	185	450
B	Naomi Sheppard	26	F_O_R_BPU	59.7	60	1.1192		14o	175	-185	185		185	2	92.5	100	-105	100	285	170	180	-185	180	465
B	Dominique Fisher M2 & Open	45	F_M2_C_BPU	71.1	75	0.9843		12o	185	-205	205		205	1	82.5	-90	90	90	295	175	190	-200	190	485
B	Erin Cartwright	27	F_O_C_ABPU	125.3	SHW	0.7936		14	180	190	200		200	3	80	90	100	100	300	180	190	200	200	500
B	Lisa Gough	40	F_M1_C_BPU	82.4	82.5	0.9005		16	140	160	180		180	4	80	90	-100	90	270	180	195	210	210	480
B	Sara Harpin	38	F_O_C_BPU	80.6	82.5	0.9112		14i	175	190	200		200	3	110	115	120	120	320	190	205	215	215	535

Flt C	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Ethan Flynn	24	M_O_R_ABPU	74.2	75	0.7179		16	122.5	132.5	-440		132.5	3	77.5	85	-90	85	217.5	145	155	-465	155	372.5
C	Lee Dunn	33	M_O_R_ABPU	58.4	60	0.8745		12i	-420	120	140		140	2	100	105	110	110	250	165	-475	-475	165	415
C	Al Kotwal	29	M_O_R_ABPU	74.2	75	0.7179		17	125	132.5	140		140	3	95	100	105	105	245	175	190	-200	190	435
C	sibghat ullah	38	M_O_R_ABPU	72.9	75	0.7271		18	140	150	-460		150	3	80	90	95	95	245	180	190	200	200	445
C	Gumaik Biring	27	M_O_C_ABPU	59.9	60	0.8542		13	135	145	155		155	2	117.5	125	-430	125	280	180	190	-202.5	190	470
C	Alister Little	32	M_O_C_ABPU	65.1	67.5	0.7942		17o	140	155	160		160	4	105	110	112.5	112.5	272.5	185	195	-200	195	467.5
C	Matthew Ardron	32	M_O_C_ABPU	66.8	67.5	0.7775		16	180	200	-210		200	3	95	105	112.5	112.5	312.5	185	200	210	210	522.5
C	Paul Bartlett	38	M_O_R_ABPU	66.3	67.5	0.7823		14	162.5	177.5	180		180	2	100	107.5	112.5	112.5	292.5	187.5	197.5	205	205	497.5
C	Daniel Clarkson	29	M_O_C_ABPU	65.3	67.5	0.7922		16	162.5	175	-485		175	3	110	117.5	-425	117.5	292.5	190	200	210	210	502.5
C	Matt Morgan DL	32	M_O_R_ABPU	75	75	0.7126							0					0	0	190	205	215	215	0
C	Aodhan Phillips-Lees	25	M_O_C_ABPU	73.9	75	0.72		15	200	210	215		215	2	125	130	-435	130	345	190	205		205	550
C	David Hodson DL	33	M_O_R_ABPU	72.5	75	0.73							0					0	0	210	225	237.5	237.5	0
C	Daniel Thrashvoulou FPBPD	32	M_O_R_ABPU	65.8	67.5	0.7872		17	165	172.5	177.5		177.5	3	115	122.5	127.5	127.5	305	215	225	-230	225	530
C	George Walton	24	M_O_R_ABPU	73.1	75	0.7256		18	-470	175	185		185	3	125	130	135	135	320	215	230	240	240	560
C	Maxwell Colonna Dashwood	32	M_O_R_ABPU	74.7	75	0.7146		18.5	180	185	190		190	3	110	115	-420	115	305	215	225		225	530
C	Paul Beattie	30	M_O_R_ABPU	74.5	75	0.7159		14	180	200	210		210	2	135	145	150	150	360	230	240	250	250	610
C	Mitch Horrocks FP DL	24	M_O_R_ABPU	73.3	75	0.7242		16	160	190	-200		190	3	110	125	130	130	320	230	-250	-250	230	550
C	Adeel Rana DL	37	M_O_S_ABPU	73.8	75	0.7207							0					0	0	230	245	255	255	0
C	Alireza Herfedoust	30	M_O_C_BPU	74.1	75	0.7186		15	-265	-285	-300		0	3				0	0	-240			0	0
C	Jay Bello	27	M_O_C_ABPU	74.9	75	0.7132		16	220	240	-250		240	4	150	155	160	160	400	260	280	-300	280	680
C	Vladimir Agasaryan BP	26	M_O_R_ABPU	73.9	75	0.72							0	4	145	147.5	150	150	0				0	0

Flt D	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
D	David Gould	32	M_O_R_ABPU	76.8	82.5	0.7011		180	135	145	150		150	4	82.5	87.5	90	90	240	160	175	185	185	425
D	Jon-paul Pearson	33	M_O_R_ABPU	78.2	82.5	0.6927		18i	145	155	160		160	3	77.5	82.5	-87.5	82.5	242.5	165	180	190	190	432.5
D	Stuart van Zeller	32	M_O_R_ABPU	81.9	82.5	0.6729		18o	157.5	-467.5	-467.5		157.5	4	112.5	120	122.5	122.5	280	185	200	-205	200	480
D	Chris Allison FPD	33	M_O_C_ABPU	82	82.5	0.6724		17o	180	190	200		200	3	115	120	125	125	325	190	200	210	210	535
D	Jamie Walmsley	30	M_O_C_ABPU	79.9	82.5	0.6832		20o	160	-465	-465		160	4	110	115	-420	115	275	200	-242.5	212.5	212.5	487.5
D	Daniel Galata	25	M_O_R_ABPU	80.8	82.5	0.6785		18o	170	185	200		200	4	100	110	115	115	315	185	205	220	220	535
D	Tim Regan-Morris	30	M_O_R_ABPU	78.5	82.5	0.691		17	152.5	162.5	175		175	3	105	112.5	-420	112.5	287.5	200	220	227.5	227.5	515
D	Sohail Rashid	33	M_O_C_BPU	80.9	82.5	0.6779		16o	185	-200	200		200	3	137.5	145	147.5	147.5	347.5	215	230	-240	230	577.5
D	Darren Clayton	37	M_O_C_BPU	80.5	82.5	0.68		17o	180	-240	210		210	3	145	152.5	155	155	365	220	230	-240	230	595
D	Ross McHale	25	M_O_C_ABPU	81.5	82.5	0.6749		19o	180	192.5	-200		192.5	4	140	-445	145	145	337.5	240	-252.5	-252.5	240	577.5
D	Josh Ingram FP BP	25	M_O_R_ABPU	81.6	82.5	0.6744		17o	205	215	220		220	3	142.5	147.5	150	150	370	235	250	-255	250	620
D	Andrew Smith	27	M_O_C_BPU	81.3	82.5	0.6759		17	235	252.5	265		265	2	162.5	167.5	170	170	435	240	255	267.5	267.5	702.5
D	Russell Taylor	35	M_O_R_BPU	82.2	82.5	0.6714		18o	202.5	217.5			217.5	4	142.5	150	-457.5	150	367.5	240	265	-285	265	632.5
D	Stefan Putter	27	M_O_R_ABPU	81.5	82.5	0.6749		18o	190	215	-225		215	3	150	160	-465	160	375	260	280	285	285	660
D	david todd	35	M_O_C_BPU	81.6	82.5	0.6744		17i	235	242.5	250		242.5	4	155	160	-465	160	402.5	272.5	-285	-285	272.5	675
D	Michael Hoare	26	M_O_C_BPU	75.9	82.5	0.7067		16o	235	250	-260		250	2	140	150	-455	150	400	265	285	-300	285	685
D	Sie Vickers	35	M_O_C_ABPU	81.5	82.5	0.6749		17o	220	240	245		245	3	132.5	142.5	150	150	395	270	285	-300	285	680
D	chris jenkins	37	M_O_R_BPU	82.3	82.5	0.6709		19o	230	-252.5			230	4	-420	120	140	140	370	260	282.5	310	310	680
D	Danny Whittall	24	M_O_S_ABPU	81.6	82.5	0.6744		16o	200	225	-250		225	2	-440	-440	-440	0	0	200	-245		200	0
D	Stuart Ogden	36	M_O_C_BPU	80.8	82.5	0.6785		16i	200	210	220		220	2	-430	-430		0	0	-240	0		0	0
D	Jordan Newman BP	28	M_O_R_BPU	81.5	82.5	0.6749							0	3	160	-472.5	-472.5	160	0				0	0
D	Douglas Lisle BP		M_O_S_ABPU			0							0	3	170	-475	-485	170	0				0	0

Sunday 13<sup>th</sup> May 2018

PLATFORM 1

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Chay Boare	32	M_O_C_ABPU	85.6	90	0.6557		16i	190	200	210		210	4	112.5	120	125	125	335	190	200	210	210	545
A	Chris Etherington (PL+BO)	35	M_O_R_ABPU	87.8	90	0.6467		18o	155	165	175		175	3	135	142.5	-447.5	142.5	317.5	200	212.5	-217.5	212.5	530
A	Michael Radford	24	M_O_R_ABPU	87.6	90	0.6475		17o	150	165	-475		165	3	105	112.5	120	120	285	200	220	235	235	520
A	Adam Gasson	31	M_O_R_ABPU	88.4	90	0.6444		18o	185	200	210		210	5	125	135	-445	135	345	200	220	240	240	585
A	ROSS Watson	31	M_O_R_ABPU	88.9	90	0.6424		17o	160	-470	-475		160	3	100	107.5	110	110	270	-200			0	0
A	Jordan Gretton-Doidge	28	M_O_R_ABPU	87.5	90	0.6479		19o	145	155	330		155	4	130	-445	-445	130	285	210	220	230	230	515
A	Russell Orme	29	M_O_R_ABPU	90	90	0.6384		19o	200	-240	-240		200	3	140	145	-450	145	345	210	220	-230	220	565
A	Benjamin Gadsdon	26	M_O_R_ABPU	87.4	90	0.6483		18o	170	187.5	195		195	3	125	132.5	-440	132.5	327.5	210	225	-232.5	225	552.5
A	Luke Corcoran	29	M_O_C_ABPU	86.6	90	0.6515		17o	215	225	-230		225	3	107.5	112.5		112.5	337.5	220	230	235	235	572.5
A	Nathaniel Robinson	24	M_O_R_ABPU	88.5	90	0.644		18i	192.5	-202.5	207.5		207.5	4	130	140	-445	140	347.5	230	250	-260	250	597.5
A	Luther Nzinga	26	M_O_C_ABPU	88	90	0.6459		18o	210	225	-230		225	4	135	142.5	-445	142.5	367.5	-240	252.5	-257.5	252.5	620
A	Liam Salmon (FP+DO)	32	M_O_R_ABPU	89.5	90	0.6402		16o	220	230	232.5		232.5	4	150	160	-462.5	160	392.5	240	255	-270	255	647.5
A	Robert Yenick	27	M_O_R_ABPU	89.3	90	0.641		15o	200	220	230		230	3	155	-465	-465	155	385	260	275	-280	275	660
A	Tawanda Bwerudza	25	M_O_C_ABPU	88.1	90	0.6455		19o	230	252.5	-260		252.5	4	130	145	-450	145	397.5	280	305	320	320	717.5
A	martin cockcroft (BO)	35	M_O_R_ABPU	89.4	90	0.6406							0	4	145	155	-462.5	155	0				0	0
A	Joseph Brown (BO)	28	M_O_R_ABPU	84.5	90	0.6606							0	5	160	-470	170	170	0				0	0



Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Ty Tankard	25	M_O_C_ABPU	98.4	100	0.6126		17o	175	200	215		215	3	105	110	-445	110	325	175	200	212.5	212.5	0
B	Paul Craven BP DL	33	M_O_R_ABPU	98	100	0.6136							0	4	120	130	-132.5	130	0	210	-220	220	220	0
B	nigel beattie	35	M_O_R_ABPU	97.1	100	0.6161		18o	180	190	195		195	4	130	-437.5	-437.5	130	325	210	230	-242.5	230	555
B	James Edwards	33	M_O_C_ABPU	98.7	100	0.6118		17o	230	245	-255		245	4	122.5	130	-435	130	375	215	235	-250	235	610
B	Darren Collett	35	M_O_C_ABPU	94.1	100	0.6247		19o	175	190	-200		190	4	120	125	-132.5	125	315	220	-230	230	230	545
B	Kyle Haynes	26	M_O_R_ABPU	96.4	100	0.618		15o	190	200	210		210	2	145	155	162.5	162.5	372.5	220	235	-250	235	607.5
B	Tom Collins		M_O_C_ABPU	99.7	100	0.6093		17o	235	250	260		260	4	130	140	-445	140	400	225	-235	-235	225	625
B	Matt Robinson	30	M_O_R_ABPU	94.3	100	0.6241		19o	190	200	205		205	4	120	125	130	130	335	230	245	255	255	590
B	Jason Berrington		M_O_C_ABPU	96.2	100	0.6186		21o	195	205	212.5		212.5	4	142.5	150	-455	150	362.5	235	260	-267.5	260	622.5
B	Daniel Hayes	26	M_O_R_ABPU	99.5	100	0.6098		19o	190	205	-242.5		205	4	140	150	-455	150	355	240	-265	-265	240	595
B	OLIVER DILLEY	27	M_O_C_ABPU	99.2	100	0.6106		19o	245	260	270		270	4	150	165	172.5	172.5	442.5	260	275	285	285	727.5
B	Marlon Wragg	25	M_O_C_ABPU	98.4	100	0.6126		18o	280	-300	300		300	3	155	162.5	167.5	167.5	467.5	275	290	-300	290	757.5
B	Andrew Shaw BP	29	M_O_R_ABPU	99.5	100	0.6098							0	4	130	135	-445	135	0				0	0
B	Hefin Evans BP		M_O_R_ABPU	98	100	0.6136							0	5	160	-470	-470	160	0				0	0
B	Gareth Davies BP	36	M_O_M_ABPU	97.8	100	0.6142							0	2	202.5	-220	240	240	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Daniel Mccaffrey		M_O_C_ABPU	120.1	125	0.5748		16i	215	225	-242.5		225	4	90	-405	-405	90	315	-490			0	0
C	Lee Mungovan	38	M_O_C_ABPU	122.3	125	0.5725		21o	175	190	200		200	5	145	155	160	160	360	195	205	215	215	575
C	Adam Stott	36	M_O_R_ABPU	106.1	110	0.5954		21i	165	175	-485		175	4	110	115		115	290	200	205	210	210	500
C	Matthew ward	26	M_O_C_ABPU	116.5	125	0.5791		19o	227.5	242.5	250		250	4	130	142.5	145	145	395	220	235	250	250	645
C	Jaimie Self	28	M_O_R_ABPU	107.9	110	0.5921		19o	190	-202.5	-202.5		190	4	125	132.5	140	140	330	240	245	250	250	580
C	Nathan Wysocki	24	M_O_R_ABPU	108.1	110	0.5917		14o	220	240	-260		240	3	135	142.5	-447.5	142.5	382.5	250	265	-275	265	647.5
C	Brett Wilde	27	M_O_R_ABPU	121.2	125	0.5736		17o	240	255	260		260	3	130	142.5	-447.5	142.5	402.5	250	270	282.5	270	672.5
C	Andrew Davey	34	M_O_R_ABPU	105.1	110	0.5974		18o	225	-237.5	237.5		237.5	4	180	192.5	200	200	437.5	255	-275	280	280	717.5
C	John Smith	31	M_O_R_ABPU	106	110	0.5956		18i	240	250	257.5		257.5	4	160	167.5	175	175	432.5	260	270	277.5	277.5	710
C	Mitchell Tutt	32	M_O_R_ABPU	108.2	110	0.5916		18i	230	252.5	257.5		257.5	4	140	-452.5		140	397.5	260	282.5	-287.5	282.5	680
C	Lucas Royce	28	M_O_C_ABPU	116.1	125	0.5796		17o	250	265	275		275	4	175	180	185	185	460	290	310	320	320	780
C	William Newton	32	M_O_C_ABPU	108.3	110	0.5914		20o	275	285	-300		285	5	160	170	175	175	460	300	317.5	327.5	327.5	787.5
C	Jay Hollingsworth	33	M_O_C_ABPU	104.6	110	0.5984		18o	270	-290	290		290	4	180	-490	-490	180	470	350	-370	-370	350	820
C	Andrew whitaker BP	35	M_O_R_ABPU	106.6	110	0.5945							0	3	195	207.5	215	215	0				0	0
C	Duncan Sharp BP	34	M_O_S_ABPU	118.5	125	0.5766							0	4	-340	-340	-340	0	0				0	0

Flt D	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
D	Liam Jones		M_O_C_ABPU	140.4	SHW	0.5586		20	192.5	-212.5	-212.5		192.5	4	140	152.5	155	155	347.5	262.5	-275	-275	262.5	610
D	Daniel Stain (PL+BO+DO)	26	M_O_R_ABPU	142.2	SHW	0.5575		21i	220	235	240		240	6	130	140	142.5	142.5	382.5	255	275	280	280	662.5
D	Liam Hinchliffe		M_O_C_ABPU	130	140	0.5656		19	-300	300	-345		300	4	195	-200	-200	195	495	260	285	300	300	795
D	Marian Lighean BO DO	37	M_O_C_BPU	133.8	140	0.5628							0	4	160	165	170	170	0	270	300	-312.5	300	0
D	Steve MacNeil	33	M_O_S_BPU	134.4	140	0.5624		15h	330	355	370		370	3	337.5	-347.5	-347.5	337.5	707.5	280	302.5	-317.5	302.5	1010
D	Mitchal Flowers	27	M_O_C_ABPU	156.9	SHW	0.5498		20i	300	320	330		330	4	185	195	-205	195	525	300	315	325	325	850
D	Artur Chrzaszcz	35	M_O_C_BPU	140	140	0.5588		17i	385	410	417.5		417.5	3	210	-222.5	-222.5	210	627.5	325	350	-357.5	350	977.5
D	Alexander Clarke	28	M_O_R_BPU	127.5	140	0.5676		17o	270	295	307.5		307.5	5	200	212.5	222.5	222.5	530	320	350	370	370	900
D	Kalle Rasanen	27	M_O_M_BPU	97.1	100	0.6161							0					0	0	330	355	-370	355	0
D	Sean Curran	32	M_O_C_BPU	127.5	140	0.5676		21i	200		-215		200	5	145	155	-162.5	155	355	220	252.5		252.5	607.5
D	Frankie Kemp	25	M_O_R_ABPU	139.8	140	0.5589		21i	250	-272.5	-272.5		250	5	150	170	-182.5	170	420	250	-275		250	670
D	Carl Jones	30	M_O_C_BPU	152.1	SHW	0.5522		20i	315	335	350		350	4	180	192.5	-200	192.5	542.5	327.5	-345		327.5	870
D	Dom Fazzani BP	28	M_O_R_ABPU	134.6	140	0.5622							0	4	190	200	205	205	0				0	0
D	Josh Brown BP	26	M_O_R_BPU	145.2	SHW	0.5558							0	4	212.5	220	-227.5	220	0				0	0
D	Gavin Hughes BO		M_O_R_BPU	140	140	0.5588							0	3	250	-265	-265	250	0				0	0
D	Mitch Wright BP	27	M_O_R_BPU	151.3	SHW	0.5526							0	4p	250	262.5	-272.5	262.5	0				0	0
D	James Godber BO	32	M_O_S_BPU	129.3	140	0.5661							0	4	260	272.5	282.5	282.5	0				0	0

PLATFORM 2

Flt A	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
A	Eimantas Sarpalis	25	M_O_R_BPU	95	100	0.622		21o	180	-200	200		200	4	130	150	157.5	157.5	357.5	-200	220	232.5	232.5	590
A	Ben Farmer	31	M_O_C_BPU	88.9	90	0.6424		16o	220	232.5	-240		232.5	3	130	140	142.5	142.5	375	210	225	-237.5	225	600
A	mitch ravencroft FP+BO	24	M_O_R_BPU	89.1	90	0.6417		16i	210	225	-250		225	3	190	200	-205	200	425	220	240	262.5	262.5	687.5
A	Gareth James	30	M_O_R_BPU	89.4	90	0.6406		19i	-190	-190	-190		0	4	0			0	0	230			0	0
A	Luke Nash	31	M_O_R_BPU	87.6	90	0.6475		18o	195	210	217.5		217.5	4	147.5	155	160	160	377.5	235	250	260	260	637.5
A	Andrew Beeston	31	M_O_C_BPU	89.2	90	0.6413		15i	290	310	-320		310	3	180	192.5	-200	192.5	502.5	-245	245	260	260	762.5
A	Lucian Luca	31	M_O_R_BPU	88.3	90	0.6447		18o	210	220	-225		220	4	160	165	-170	165	385	250	-260	-260	250	635
A	Thaheer Mannan	30	M_O_C_BPU	89.1	90	0.6417		16o	290	-300	-300		290	3	140	-145		140	430	250	270	-290	270	700
A	Tommy Ray	28	M_O_R_BPU	95.3	100	0.6211		18i	210	222.5	-227.5		222.5	4	120	127.5	132.5	132.5	355	260	272.5	-277.5	272.5	627.5
A	Thomas Sheppard FP+BO+DO	25	M_O_R_BPU	89.4	90	0.6406		20o	210	220	-230		220	3	150	162.5	-165	162.5	382.5	260	272.5		272.5	655
A	Charlie Wilson	24	M_O_C_BPU	88.1	90	0.6455		19o	220	235	250		250	3	130	140	150	150	400	270	300	305	305	705
A	Chris Pugh	25	M_O_C_BPU	88.1	90	0.6455		15i	300	315	-320		315	3	185	-192.5	192.5	192.5	507.5	275	285	-292.5	285	792.5
A	Raimonds Mamonovs	32	M_O_R_BPU	99.9	100	0.6088		19i	237.5	252.5	260		260	5	-172.5	185	192.5	192.5	452.5	285	297.5	-307.5	297.5	750
A	Wylie Sung	30	M_O_C_BPU	88.1	90	0.6455		16i	280	-300	-300		280	3	165	175	180	180	460	300	320	-325	320	780
A	dayle longford	29	M_O_C_BPU	89.3	90	0.641		16i	285	300			300	3	192.5	200	205	205	505	310	330	-340	330	835

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
B	Robert Ralph		M_O_C_BPU	99.3	100	0.6103		19o	240	-245	-250		240	4	135	-445	-445	135	375	220	230		230	605
B	Harrison Fleetwood	28	M_O_C_BPU	97.2	100	0.6158		20o	220	230	240		240	4	125	-435	-435	125	365	235	245		245	610
B	Nathan Smoothy	24	M_O_C_BPU	94	100	0.625		19o	245	265	-272.5		265	4	147.5	155	160	160	425	245	255	260	260	685
B	Callum Rollo	35	M_O_C_BPU	100	100	0.6086		16o	220	230	245		245	3p	150	157.5	162.5	162.5	407.5	250	265	-275	265	672.5
B	Luke Litchfield	32	M_O_C_BPU	99.4	100	0.6101		17o	250	275	-300		275	3	170	180	-485	180	455	250	280	-300	280	735
B	Zak Walden	26	M_O_C_BPU	97.9	100	0.6139		16	237.5	247.5	-255		247.5	4	175	185	190	190	437.5	260	275	-290	275	712.5
B	Chris Lane		M_O_C_BPU	98.3	100	0.6129		15o	-227.5	230	240		240	3	165	172.5	177.5	177.5	417.5	265	275	285	285	702.5
B	Conor Nelly	26	M_O_C_BPU	97.8	100	0.6142		19o	220	230	240		240	4	130	140	150	150	390	265	-285	-290	265	655
B	Edgaras Kreipavicius	30	M_O_C_BPU	98.3	100	0.6129		19o	280	-300	300		300	4	165	172.5	180	180	480	285	305	-320	305	785
B	Andrew Riddiford	29	M_O_C_BPU	97.8	100	0.6142		19i	-260	-260	260		260	3	170	180		180	440	300	310	-345	310	750
B	Shane Jerman	28	M_O_C_BPU	99.1	100	0.6108		19o	300	325	340		340	4	190	205	210	210	550	310	-330	-330	310	860
B	Robert Sawosko		M_O_S_BPU	99.1	100	0.6108							0	3	-200	200	-240	200	0				0	0
B	Kristaps Tomciks	25	M_O_C_BPU	99.5	100	0.6098		17o	315	325	335		335	3	-240	-240	-240	0	0				0	0
B	Dan Brunt-Murphy	24	M_O_M_BPU	96.1	100	0.6188		16o	285	-302.5	-302.5		285	3	-220	-220	-220	0	0				0	0
B	Reece Meakin BO	27	M_O_R_BPU	99.2	100	0.6106							0	3p	205	-220	-227.5	205	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
C	Cyle Johnson		M_O_C_BPU	106.4	110	0.5948		21	220	235	-245		235	4	165	175	182.5	182.5	417.5	230	245	255	255	672.5
C	Adam Dunne		M_O_R_BPU	110	110	0.5885		19o	190	202.5	210		210	4	147.5	155	162.5	162.5	372.5	230	245	260	260	632.5
C	Arran Sullivan	27	M_O_R_BPU	109.7	110	0.589		19i	225	240	250		250	3	155	165	170	170	420	240	250	260	260	680
C	Grant Roberts	27	M_O_C_BPU	103.1	110	0.6015		21i	205	220	230		230	3	170	175	180	180	410	240	255	<del>262.5</del>	255	665
C	andrzej roszkowski	37	M_O_C_BPU	108.2	110	0.5916		17i	305	<del>-325</del>			305	3	202.5	<del>-222.5</del>		202.5	507.5	240	270	310	310	817.5
C	David John Williamson	29	M_O_C_BPU	106.9	110	0.5939		19o	220	230	-240		230	5	162.5	-470	-470	162.5	392.5	252.5	262.5	-270	262.5	655
C	Greg Probert	38	M_O_S_BPU	109.1	110	0.59		19i	280	300	320		320	3	200	210	220	220	540	270	<del>-280</del>	<del>-280</del>	270	810
C	Martin Taft	30	M_O_C_BPU	105.2	110	0.5972		19o	220	235	247.5		247.5	4	160	177.5		177.5	425	270	285	<del>-287.5</del>	285	710
C	Rhys Browning	28	M_O_C_BPU	108.1	110	0.5917		19i	250	280	-300		280	4	170	180	-490	180	460	315	335	<del>-350</del>	335	795
C	David Aldworth	35	M_O_C_BPU	109.2	110	0.5898		20i	270	280	-285		280	5	190	-495		190	470	315	<del>-330</del>		315	785
C	Eliot Page DO	25	M_O_R_BPU	108.6	110	0.5909							0					0	0	320	340	<del>-350</del>	340	0
C	Jim Nuttall	34	M_O_R_BPU	107.5	110	0.5928		18i	235	265	-285		265	3	200	-240	-240	200	465	340	370	<del>-390</del>	370	835
C	Adam Towse BO	34	M_O_R_BPU	104.9	110	0.5978							0	4	150	160	-465	160	0				0	0
C	Martin Brown BO	37	M_O_R_BPU	104.7	110	0.5982							0	4	170	182.5	190	190	0				0	0
C	Neil Stewart BO		M_O_M_BPU	108.3	110	0.5914							0	4	-497.5	197.5	-202.5	197.5	0				0	0

Flt	Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Lot #	RH Sq	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total
D	Andrew Pearson	30	M_O_R_BPU	122.5	125	0.5723		20i	-235	235	250		250	4	170	180	187.5	187.5	437.5	255	275	280	280	717.5
D	Brandon Scott		M_O_C_BPU	113.2	125	0.5836		21i	230	-247.5	247.5		247.5	4	195	205	-240	205	452.5	265	282.5	-300	282.5	735
D	Adam Jackson	27	M_O_R_BPU	118.2	125	0.577		19i	230	245	260		260	4	175	185	195	195	455	270	290	305	305	760
D	Grant Mcevansoneya	27	M_O_C_BPU	124.4	125	0.5704		19i	320	342.5	350		350	4	230	240	245	245	595	290	305	-345	305	900
D	Louis Beaumont	26	M_O_C_BPU	124.2	125	0.5706		20i	-300	300	325		325	3	180	190	200	200	525	300	320	-330	320	845
D	Neil Hughes DO	29	M_O_R_BPU	117.6	125	0.5777							0					0	0	310	320	-332.5	320	0
D	Sam Bollands	30	M_O_C_BPU	120.9	125	0.5739		21i	320	340	355		355	4	205	215	220	220	575	330	360	-375	360	935
D	Jack Clempson	25	M_O_C_BPU	115.3	125	0.5806		19i	240	245	250		250	4	170	180	-182.5	180	430	300	-340		300	730
D	Iain Connor BO	40	M_O_M_BPU	124.5	125	0.5703							0	4	-345			0	0				0	0